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# KNOWING WHAT YOU WANT TO BE

ONE OF OTTAWA'S TOP MAGICIANS, MICHAEL BOURADA, BEGAN PRACTICING TRICKS AT AGE 8

PAGE 20

OTTAWA

# metro

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Thursday, August 2, 2012



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## ANOTHER DUNK IN THE MEDAL POOL

Members of Canada's men's rowing eight throw a teammate in Lake Dorney after winning the silver medal in Eton Dorney, near Windsor, England, at the 2012 Summer Olympics, Wednesday. Meanwhile, tattooed swim idol Brent Hayden thrilled fans when he picked up his first medal — a bronze. For the stories, see pages 45-46. NATACHA PISARENKO/THE ASSOCIATED PRESS

### Suspicion has a price tag

Ottawa responded to 48 suspicious-package calls in 2011 at a significant cost, despite many turning out to be everyday items PAGE 3



### Will her rivals be treated to a swimming lesson?

Couldn't wake up before sunrise to watch Brent Hayden at the 50-metre freestyle heats this morning? Don't fret: Check out more swim action as Toronto-born Martha McCabe competes in today's 200-metre breaststroke final at 2:30 p.m. ET on CTV. More Olympics coverage: PAGES 38-39, 41

### Pave the way to cheesecake

Topped with coffee, chocolate chips, marshmallows and toasted almonds, this rocky-road cheesecake is truly drool-worthy PAGE 36



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Severe head laceration

## Man hospitalized after chainsaw accident

A 33-year-old tree trimmer was sent to hospital Wednesday after the chainsaw he was using kicked back and cut his head through the hard hat he was wearing, paramedics said.

The man was cutting part of a wooden fence at the time of the incident and suffered a severe laceration to the head, paramedics said.

The man's co-workers tended to his injuries until paramedics arrived.

The man was listed in stable condition in hospital.

JOE LOFARO/METRO

Guilty plea

## Crown asks for four years for rapist bus driver

An Ottawa Para Transpo bus driver who raped a 26-year-old passenger last May will learn his fate on Aug. 14.

Victor Fuentes, 54, pleaded guilty in February to sexually assaulting a passenger on his Para Transpo bus, crown prosecutor James Bocking said.

Bocking asked a judge to sentence Fuentes to four years in prison, he said.

Defence lawyer Trevor Brown is asking for a sentence from 18 months to two years less a day in a facility where his client can receive treatment, followed by three years of probation.

Brown said he asked the judge to follow a doctor's recommendation that Fuentes continue to receive counselling for post-traumatic stress disorder.

A police investigation started after the victim complained to police that a Para Transpo driver sexually assaulted her in the evening of May 11 last year.

JOE LOFARO/METRO



Police remove a bag believed to contain a human foot delivered by mail to the Conservative Party of Canada headquarters on May 29. JOE LOFARO/METRO

# Cops can't be too careful with suspicious packages, but this comes at a cost

**Mostly benign.** Emergency crews respond to a call for a suspicious package almost once a week



**GRAHAM LANKTREE**  
graham.lanktree@metronews.ca

Packages containing a hand and foot tied to the infamous killing of Jun Lin are the strangest things police have ever found in "suspicious packages" around the city.

Despite the fact that that package ended up being connected to one of Canada's

most heinous killings, most suspicious packages turn out to be everyday items.

In 2011, the 48 suspicious packages calls in Ottawa left a hole in the pockets of municipal taxpayers.

While police did not provide dollar figures, Sgt. Milton Capaday of the Ottawa Police's Chemical, Biological, Radiological, Nuclear and Explosives (CBRNE) team says a large number of staff go into these investigations.

"Fire, police and paramedic resources are all tied up for suspicious package calls," he said. "The call usually comes in to police — two patrol units are dispatched and paramedic and fire resources

are requested to attend the scene."

The bomb squad is called in if things escalate, but since no one thing tips off cops to a bomb, said Capaday, they can never be too cautious.

"The call is assessed and if it cannot be cleared by conventional investigative techniques the CBRNE section is called and explosives technicians are dispatched," he said.

For the most part, suspicious packages turn out to be items that were unexpected or left in places that are considered suspicious because of the location or history of where they were found.

"While the majority of calls the CBRNE section at-

tends turn out to be unfounded," said Capaday, "the rest can be divided into recovered commercial explosives, recovered military ordinance, or the illicit use of explosives and chemical materials."

Still, these items are few and far between and most investigations last two to three hours because of the safety protocols authorities go through to clear a site.

"There is no one specific institution which ties up resources," said Capaday. "We get calls from all walks of life."



Follow Graham Lanktree on Twitter @MetroGraham

Mobile news



**Victory is sweet, but along that road an athlete has got to endure a bit of pain. Scan the code to view some cringe-worthy moments from the Olympics.**

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# Internet-based political party to draw battle lines online

**Newcomers.** Online Party of Canada is gearing up to fight in two coming byelections



**GRAHAM LANKTREE**  
graham.lanktree@metronews.ca

A new Canadian political party wants to move the House of Commons to cyberspace.

The Online Party of Canada registered with Elections Canada and presented its platform on Wednesday.

"Even if we aren't elected, we aim to share a view of what Canadians want," said Ottawa representative Jean-Francois Frenette, touting the party's vision of setting up a House of Commons online where all Canadians could vote on bills and have their comments heard.

The virtual House would let average Canadians table new bills and draft policies, he said. "If you're an MP, you

could see what your real constituents want. That's data that they don't have right now except through letters and calls. We want to make the flow of information between MPs and constituents better."

Direct democracy lies at the foundation of the party, Frenette said, but it isn't driven by any one ideology. Rather, its members would determine its direction as they vote on party policy online.

The final step of becoming an official party will be to field candidates in upcoming byelections in Calgary-Centre and Durham, after the resignations of Liberal Lee Richardson and Conservative Bev Oda.

"With the Internet, we now have the tools to bring real democracy to people," Frenette said. "There are dozens of parties like ours around the world now. There is nothing more powerful than ideas whose time has come."

Follow Graham Lanktree on  
Twitter @MetroGraham



A screenshot of the Online Party of Canada website, showing how the party would engage Canadians. CONTRIBUTED/ONLINE PARTY OF CANADA

## Brother and sister charged in anti-logging protest



Police and a logger survey the scene in a still from home video of the protest at Poigan Lake. CONTRIBUTED

A brother and sister were charged with mischief on Wednesday in connection with a logging standoff in northwestern Quebec.

Louise Wawatie was arrested because she refused to allow logging to go ahead in the Lac Barriere area, her brother, Joseph Wawatie, said on Wednesday at about 10 a.m.

"They asked her, 'Do you want to let the loggers cut and continue?' She said no, and they arrested her," he

said from his aunt's house in Le Domaine.

Officers came to his house yesterday morning to arrest him, but he wouldn't leave and they didn't have a warrant to come in, he said.

"I'm waiting for them to arrest me," he said. "For mischief, for trying to protect wildlife."

Wawatie was arrested and charged with mischief shortly after he spoke to Metro, police said. Both brother and sister were

given an option to avoid arrest by abiding by certain conditions, but they refused, a spokesperson said.

The pair had been protesting the logging by Resolute Forest Project near Poigan Lake in the Lac Barriere area, more than three hours north of Ottawa.

Joseph Wawatie said the land once belonged to his father, Joseph Sr., who willed it to his sons, but an uncle and others sold it to be logged. It's also a sanc-

tuary for animals and has sacred areas, he said.

Resolute maintains the land was granted to the company by the Quebec ministry of natural resources and wildlife.

"The current controversy seems to be linked to political tensions within the Lac Barriere community, and Resolute regrets being at the centre of this internal dispute," the company said in a press release.

JESSICA SMITH/METRO

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**Bicycle theft****'Bait bike' operation nets five arrests**

Five men were arrested Monday and Tuesday as part of a "bait bike" operation designed to curb the theft of bicycles in downtown Ottawa, police said Wednesday.

Police said four men

were arrested for theft under \$5,000 and another man was arrested for mischief. The four men in custody are Morgan Baker, 31, Daniel Seminick, 51, Timothy Rissmann, 47, and Ricardo Dube, 34, who was also charged with carrying a concealed weapon and possession of a prohibited weapon. Peter Larkin, 58, was arrested for mischief. All of the men are Ot-

tawa residents. Police are reminding cyclists to secure their bikes with durable locks to prevent bike thefts.

JOE LOFARO/METRO

**Overbrook****Two charged in firearms seizure**

A man and woman from Ottawa face several

firearm-related charges after police seized a loaded nine-millimetre handgun, two rifles and ammunition in the 300 block of Prince Albert Street on Tuesday. Jean Frantzy, 27, and Katherine Enticknap, 34, are charged with possession of a firearm obtained by crime, possession of a loaded regulated firearm, and possession of a restricted firearm without

holding a license and registration certificate.

JOE LOFARO/METRO

**21st annual event****Buskerfest brings fire-breathers, acrobats to city**

At the 21st annual Busker Festival, a former Cirque du

Soleil acrobat, a junkyard musician who toured with Kanye West and a national gymnast turned contortionist will attempt to wow Ottawans into making a generous donation. From Aug. 2 to 6 Sparks Street will be filled with more than 40 performances daily. If it's fire breathing you crave, check out the Fiesta of Flames this Friday.

GRAHAM LANKTREE/METRO

# Violent video games brought to life, without the bullets

**Shoot 'em up.** Ottawa gamers can now get up off the couch to live out their first-person-shooter dreams in Ottawa.



GRAHAM LANKTREE  
graham.lanktree@metronews.ca

Fans of the popular Call of Duty and Battlefield video games have a chance to live out their first-person-shooter dreams in Ottawa.

Battlefield Live, located on about 100 acres near the St. Laurent Shopping Centre, is like a cross between paintball and laser tag without all the mess or little kids running underfoot.

"The adrenalin is pumping and people are running every which way," said owner Alex Rauscher.

The game uses military-grade training equipment, said Rauscher. Emulating 69 different guns from the pulse rifle from Aliens to a pre-20th century musket, the weapons send out infrared pulses that hit sensors strapped to gamers' opponents.

"We didn't want to make it cartoonish, but as real as possible for fans of Call of Duty

**Quoted**

**"We didn't want to make it cartoonish, but as real as possible for fans of Call of Duty and similar games."**

Alex Rauscher, owner of Battlefield Live

and similar games," Rauscher said. With smoke grenades, a full-body sniper suit, a fog machine and battle sound effects, he's definitely done his homework.

For effect, Rauscher has brought in a beat-up minivan, surplus Russian munitions boxes and more sandbags than he cares to remember filling to the 12,000-square-foot obstacle space.

Yet at its heart, the experience is all about teamwork, Rauscher said.

"We want people to work together to accomplish a goal and socialize," he said.

"We'll be doing team building so people get the most out of this and a debrief so they can see which strategies worked and why."

Follow Graham Lanktree on Twitter @MetroGraham



Alex Rauscher is owner of Battlefield Live, where participants use weapons that send out infrared pulses. GRAHAM LANKTREE/METRO

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Étienne Boulrice, Coalition Avenir Québec, Hull



Gilles Aube, PQ, Hull



Maryse Gaudreault, Liberal, Hull



Michael Holloran, Coalition Avenir Québec, Gatineau



Maude Tremblay, PQ, Gatineau



Stéphanie Vallée, Liberal, Gatineau

# Gatineau and Hull candidates begin election campaigns

## Quebec Election.

Voters in the Liberal strongholds will have a variety of choices on Sept. 4

JESSICA BEDDAOUI  
ottawa@metronews.ca

Residents of Hull and Gatineau will go to the polls for a provincial election Sept. 4.

Both ridings have Liberal incumbents.

"You'll see during this election that people will be convinced that we are the right party to ensure wealth and the future of our future generations," said the Liberal candidate in Hull, Maryse Gaudreault.

One of the issues is expected to be the Liberals' leadership during the student protests, which led to

cancelled classes and hundreds of arrests in Gatineau.

The students are expected to vote on whether they should return to class in mid-August or resume strikes.

"Of course we will address those issues," said Gaudreault, adding that while other parties may criticize her party record on the student strikes and the financial crisis, she thinks the Liberals did "a great job."

Gilles Aube, the PQ candidate for Hull, said he believes the election was timed to allow Premier Jean Charest to avoid debate, because people will pay less attention in the summer.

"He wants to avoid difficult questions with the population and candidates because he's very unpopular right now," said Aube.

Both parties will face new competition from the non-separatist-non-federalist

Coalition Avenir Québec (Coalition for Quebec's Future).

Michael Holloran, Coalition Avenir Québec's candidate for the Gatineau riding, said his party offers something different and unprecedented.

"I think in the Outaouais the important thing is that federals have a choice now. In the past it was between the PQ and the Liberal party of Quebec, there was no other option," Holloran said.

"People in the Outaouais will now have a choice to hear about a party that decides to focus on education, health care, economy."

Incumbent Stéphanie Vallée will represent the Liberals in Gatineau, Maude Tremblay will represent the PQ in Gatineau and Étienne Boulrice will represent Coalition Avenir Québec in Hull. The three candidates were not available for an interview with Metro on Wednesday.

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**Evenings:** 6 pm to 9 pm

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Quebec Premier Jean Charest, right, responds to reporters' questions at a news conference, launching his electoral campaign Wednesday, in Quebec City. Charest's wife, Michele Dionne, left, looks on. JACQUES BOISSINOT/THE CANADIAN PRESS

## Charest calls provincial election for Sept. 4

Jean Charest called a provincial election for Sept. 4, when he will seek to tie a provincial record with his fourth consecutive victory.

Other Quebec premiers who have won four straight terms are Lomer Gouin, Louis-Alexandre Taschereau and Maurice Duplessis. The Parti Québécois, holding a slight edge in surveys, has an experienced leader, Pauline Marois, who is entering her

second election at the helm.

Francois Legault will lead the Coalition Avenir Québec through its first election ever.

Charest's opponents are counting on voters to question his timing.

A corruption inquiry, which Charest was forced to call after two years of successive scandals in municipal and provincial politics, only returns Sept. 17 from its summer break. His op-

ponents will seek to keep the embers of public outrage alive during that summer lull.

If the polls are to be believed, Charest's main rival stands a good chance of becoming Quebec's first woman premier. Marois helped buy peace within her party, amid grumbling about her leadership, by promising a new strategy for achieving independence.

THE CANADIAN PRESS



# 'Mr. Jetz TV' arrested for alleged child porn videos

**Winnipeg.** Darrell Erwin Ackman gained notoriety for his alleged racy YouTube videos of women



**SHANE GIBSON**  
Metro in Winnipeg

The Winnipeg man who dubbed himself Mr. Jetz TV and gained notoriety by allegedly posting videos of often scantily clad and seemingly intoxicated young women online has been arrested for allegedly making pornographic videos with girls as young as 14.

Darrell Erwin Ackman, 43, is facing three counts of living on the avails of prostitution, two counts of sexual assault, two counts of sexual interference, a charge of making, printing, and publishing child pornography, possessing child pornography and invitation to sexual touching.



Darrell Erwin Ackman, also known as Mr. Jetz TV, has been arrested. YOUTUBE.COM

"These children are certainly preyed upon and taken advantage of, and exploited," said Insp. Gord Perrier at a press conference Wednesday. "This activity is definitely illegal, and sex with children is wrong."

Police first charged Ackman with living off the avails

of prostitution July 23 for allegedly pimping underage girls through an escort service. The additional charges, including making child porn and sexual assault were added Tuesday, following a raid at a Winnipeg home.

"We do have specific evidence that indicates that

these videos were made for the purposes of being sold," said Perrier, who couldn't say whether they'd been posted online.

None of the charges have been proved in court.

Ackman also faces prostitution-related charges in Florida.

## Nipawin, Sask.

### Operator fined for 2008 explosion

A backhoe operator who was found responsible for an explosion that killed two men in Saskatchewan has been fined a total of \$28,000, including compensation to the victims' families. Lorry Riemer was demolishing buildings in Nipawin in 2008 when he snagged a natural gas riser with his equipment. That caused gas to seep into a butcher shop, causing an explosion that killed two men working for Riemer and injuring several others. **CKBI/THE CANADIAN PRESS**

## Elliot Lake

### Mall collapse inquiry in January

A public inquiry into the deadly collapse of a mall in northern Ontario is now expected to begin its formal hearings in January as provincial police announced Wednesday their examination of the rubble had ended. Inquiry Commissioner Paul Belanger said the hearings into the June disaster in Elliot Lake couldn't begin sooner because of the "tremendous amount" of work that needs to be done beforehand. **THE CANADIAN PRESS**

## Vancouver

### Teens get drugs for sex: Study

A University of B.C. study suggests teenagers are trading sex for drugs and alcohol at a low but steady rate, yet the vast majority of them attend school and live at home with their parents. The study focuses on identifying sexual exploitation and the harms associated with unhealthy sexual relationships. **THE CANADIAN PRESS**

## Ottawa

### Feds late to report on ad spending

An annual report meant to update Canadians on how the government spends taxpayer dollars on advertising is now two years overdue, with no timeline in sight for when it might be published. The Public Works Department is supposed to prepare a report each year on how the government manages its advertising. **THE CANADIAN PRESS**

## Attawapiskat. Ottawa wrong in sending third-party manager: Court

It was "unreasonable in all circumstances" for the federal government to appoint a third-party manager for the financially troubled First Nations community of Attawapiskat, the Federal Court ruled Wednesday.

But there was no political malice at play in the decision — on the part of either Prime Minister Stephen Harper or members of his cabinet — nor any intent to embarrass the northern Ontario reserve or its members, the court concluded.

Sending in Jacques Marion last November to take over the band's finances was the wrong way to address what was a critical housing shortage and worsening humanitarian crisis on the northern Ontario reserve, the court said in its written ruling. "The decision to appoint (Marion) did not respond in a reasonable way to the root of the problems at Attawapiskat nor to the remedies available," the ruling said.

"The (government) invoked a financial management remedy without considering more reasonable, more responsive or less invasive remedies."

The Conservative government made it clear Wednesday it's unhappy with the ruling, but isn't yet ready to say whether an appeal is in the offing.

"We are disappointed with the court's decision and will



**NDP MP Charlie Angus.**  
SEAN KILPATRICK/THE CANADIAN PRESS

review it to determine the appropriate next steps," said Jason MacDonald, a spokesman for Aboriginal Affairs Minister John Duncan.

The ruling verifies what many experts have already concluded, said constitutional lawyer and University of Ottawa professor Joseph Magnet: the relationship between the federal bureaucracy and some aboriginal communities is seriously flawed.

NDP ethics critic Charlie Angus, whose riding includes Attawapiskat, said Duncan sat on his hands for a month while the housing crisis was unfolding, and then overreacted when it began making headlines. **THE CANADIAN PRESS**

## Manitoba. Hoax callers charged

Charges are pending after emergency personnel from Manitoba to Ontario scrambled to answer a call about a boat in distress on Lake Winnipeg that turned out to be a hoax.

RCMP in Gimli, north of Winnipeg, say they got word late Tuesday night about a capsized boat carrying as many as 16 people and that 13 of them were in the water.

Mounties, the Canadian Coast Guard, local emergency services and a Hercules search aircraft from 17 Wing in Winnipeg, were dispatched to the area.

A Coast Guard vessel eventually found the boat with one man on board, not far from the harbour at Winnipeg Beach, south of Gimli.

Police say the distress call was bogus and that alcohol may have played a role in the alleged prank.

A 36-year-old man from the Matlock area, north of Winnipeg, is in custody. **THE CANADIAN PRESS**

## All aboard

# 16

The hoax caller reporting a capsized boat claimed that 16 people were aboard the ship, with 13 in the water.

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# Belarusian generals ousted after teddy bear air invasion

## Human rights stunt.

Swedes risked being shot down delivering messages to people of authoritarian country

It's probably the first time in history that teddy bears have defeated generals.

Belarus' authoritarian President Alexander Lukashenko has sacked two of the nation's top defence officials after two Swedish advertising agency employees piloted a light plane into the country's heavily guarded airspace, dropping 879 teddy bears decked out in parachutes and slogans supporting human rights.

Officials in the ex-Soviet state denied the July 4 incident until Lukashenko called a meeting last week to scold authorities for allowing such a "provocation."

The Belarusian ruler nicknamed "Europe's last dictator" on Tuesday fired the nation's

## Activists

- The Swedes' year-long preparations involved learning how to pilot the three-seater aircraft and buying the plane. They financed the \$184,500 US cost of the stunt with their work in a small advertising agency.
- The pair said they were inspired by similar protests staged by Belarusian activists.

air defence chief and the head of the Border Guards service, and reprimanded several other top security officials, his office said Wednesday.

Thomas Mazetti and Hannah Frey, the two Swedes behind the stunt, said they wanted to show support for Belarusian human rights activists and embarrass the country's military — a pillar of Lukashenko's power.

THE ASSOCIATED PRESS



Thomas Mazetti and Hannah Frey of Sweden show a teddy bear on a parachute as they pose for a photo in Berlin, Germany, Wednesday. The slogan on the paper fixed to the bear reads "We support the Belarusian struggle for free speech". GERO BRELOER/THE ASSOCIATED PRESS

# Slaying highlights concerns for women's safety



Palestinians hold Arabic signs, Wednesday, that read, "Protecting women from violence is an official and social responsibility," right, and "Shame on us. We Palestinians for killing our women." MAJDI MOHAMMED/THE ASSOCIATED PRESS

The brutal killing of a battered wife in front of horrified witnesses in an open-air Bethlehem market prompted angry accusations Wednesday that Palestinian police and courts ignore violence against women.

Nancy Zaboun, a 27-year-old mother of three, had her throat slashed Monday after seeking a divorce from her abusive husband of 10 years. The husband was arrested at the scene and is the prime suspect, West Bank officials said.

The case reverberated across Palestinian society be-

cause of the brutality of the attack. However, violence against women continues to be tolerated — similar to attitudes in other parts of the Arab world — and women's rights activists say abusive husbands are rarely punished.

Zaboun was regularly beaten by her husband, 32-year-old Shadi Abedallah, at times so severely that she had to be hospitalized, said Khaula al-Azraq, who runs a West Bank counselling centre where Zaboun sought help.

Even so, Abedallah was never arrested. Police only made him sign pledges he

would stop hitting his wife, said al-Azraq, adding that Abedallah himself is a former police officer.

Zaboun was killed after attending a hearing in her divorce case. She was walking on the steep paths of an open-air market — not far from the Church of the Nativity, marking the traditional birthplace of Jesus — when she was fatally slashed.

On Wednesday, several dozen women staged a memorial for Zaboun in the Bethlehem market alley where she was killed.

THE ASSOCIATED PRESS

## Cracking down

- Last year, Palestinian President Mahmoud Abbas signed a decree ending the practice of treating killings within a family with leniency.
- Justice Minister Ali Mo-hanna said such killings are now treated as any other murder, and claims of assailants that they were protecting "family honour" are no longer taken into account.

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## Kudos. Metro, Star proud of Pan Am Games mission

Metro News and Star Media Group are proud to announce we have been named as the official Print and Online Media Supplier for the 2015 Pan American and Parapan American Games in Toronto.

"We are excited about this remarkable opportunity," said Metro English Canada President Bill McDonald.

"And we're looking forward to providing Metro readers with the Games highlights, features, personality profiles and more — delivered with the urban attitude our readers expect."

Toronto Star Publisher and Star Media Group President John Cruickshank said: "Our goal is to provide Canadians from coast to coast with comprehensive, balanced news and in-depth information about the Games

through the Toronto Star and our Metro newspapers in Toronto, Vancouver, Edmonton, Calgary, Saskatoon, Regina, Winnipeg, London, Ottawa and Halifax."

The Pan American Games, one of the world's largest multi-sport events, is held every four years for athletes of the Pan American Sports Organization's 41 member states.

Featuring 48 sports, including all Olympic Summer Games events, the Games will draw more than 10,000 athletes and officials to Toronto and the Greater Golden Horseshoe area.

The 2015 Games will run from July 10-26, followed by the Parapan American Games on Aug. 7-14. For more information, visit Toronto2015.org. **METRO**



**Pan Am flashback:** Canada's hoop and ribbon team rejoice after winning a silver medal at the 2011 Games in Mexico. NATHAN DENETTE/THE CANADIAN PRESS

### Needle found

## Spiked sandwich jolts Air Canada

A "full investigation" is underway at Air Canada after a passenger found what appeared to be a sewing needle in a catered sandwich aboard a flight from Victoria to Toronto.

Airline spokesperson Peter Fitzpatrick says Air

Canada is working closely with its caterers to ensure heightened security measures are in place.

Meanwhile, a spokesperson for Dutch police investigating how needles got into six turkey sandwiches on Delta Air Lines flights from Amsterdam to U.S. cities last month says it's too early to tell whether there's any connection with the Air Canada incident.

**THE CANADIAN PRESS**

# Women's 'hairy legs' add kick to a lawsuit

**G20 case.** Group sues police for \$1.4 million, alleging sex-based discrimination, false arrest, battery — and profiling by officer

A woman suing Toronto police over her arrest during the G20 summit two years ago said it's not just about "hairy legs" — a description applied to female protesters by the arresting officer.

It's more about sex-based discrimination, said Alicia Ridge, 27.

Ridge is part of a group of seven people from Hamilton who sued Toronto police for \$1.4 million Wednesday over their arrests during the 2010 summit, claiming false arrest, battery and malicious prosecution.

The women in the group claim they were profiled by an officer who wrote in his arrest notes that all the women had hairy legs — something he said he associated with G20 protesters.

Ridge, who is a nurse and studying to become a midwife, and also volunteers with a sexual assault centre, said the lawsuit was prompted by allegations beyond the "hairy legs" comment.

"My arresting officer, who was male, decided to do an initial search of my body, which was just basically running his hand up the side of my leg and grabbing my ass, along with sexualized comments



Alicia Ridge, middle, studies a Metro Toronto story about the lawsuit on Wednesday. RICK MADONIK/TORSTAR NEWS SERVICE

and comments that were put out there to create fear," Ridge said Wednesday after serving the lawsuit at police headquarters.

None of the claims has been proven or tested in court. The Toronto Police Services Board was not immediately available to comment on the lawsuit.

The group alleges the police wrongfully arrested them on June 27, 2010 — a day after vandals went on a rampage in downtown Toronto — as they emerged from a pizza parlour. **THE CANADIAN PRESS**

### How to spot a protester: Officer explains

A provincial police watchdog, the Ontario Independent Police Review Director, investigated and found the complaint "substantiated."

- **The officer.** The watchdog's report found Const. James Ure wrote that "all parties appear to be protesters ... and females all have hairy legs."
- **His arrest notes.** The officer

told investigators he jotted down the "hairy legs" note as a general observation, calling unshaven female legs "one indicator that I associated with protesters down at the G20 that weekend."

- **The police.** A police spokesperson was not immediately able to say whether any action had been taken against the officer.

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# Deadly Afghan 'mafia' profits from instability

**Terrorist network.** al-Qaida and Taliban ally's business would decline if fighting ends, new report says

One of the deadliest militant groups in Afghanistan, the Haqqani network, has developed a sophisticated mafia-style financing operation that relies on extortion, kidnapping, smuggling and ties to legitimate businesses, according to a new report by a U.S.-based think-tank.

The report by the Combatting Terrorism Center in West Point, N.Y., suggests the system has become so lucrative that maintaining it could be as much of a goal for the group as driving foreign forces out of Afghanistan. That could com-

plicate U.S. efforts to negotiate an end to the war, since much of the network's cash flow is dependent on instability and lawlessness bred by the conflict.

"Life at war has become lucrative — even if highly risky — while an end to the fighting would almost certainly produce a decline in wealth and power," said the report, which was released Tuesday and was based on archival records, documents captured in Afghanistan and interviews with Western, Afghan and Pakistani officials, as well as locals in areas where the Haqqani network operates.

The U.S. has identified the Haqqani network, allied with al-Qaida and the Taliban, as one of its most potent enemies in Afghanistan, partly because of its record of carrying out high-profile attacks on the capital Kabul. The leaders of the group

## Haqqani history

The group's founder, Jalaluddin Haqqani, began developing his financial support network decades ago following the Soviet invasion of Afghanistan in 1979.

- During the decade-long war, he was largely reliant on money, weapons and supplies provided by Pakistani intelligence, which received billions of dollars from the U.S. and Saudi Arabia.

are based in Pakistan's North Waziristan tribal area, having fled there from their homeland in eastern Afghanistan following the U.S.-led invasion in 2001.

THE ASSOCIATED PRESS

## Florida. Man charged after Batman movie scare



David Escamillo is charged with causing a disturbance at a movie screening. THE ASSOCIATED PRESS

A South Florida man faces disorderly conduct charges after a disturbance at a theatre showing the Batman movie The Dark Knight Rises.

Miami Beach police say more than 100 moviegoers fled early Tuesday after David Escamillo yelled "This is it!" during the film. Witnesses say they saw Escamillo leave the theatre and return wearing a pair of black gloves.

Escamillo was detained by movie patrons until police arrived. Officers said he smelled strongly of alcohol and was yelling, "I didn't shoot anybody." Police found no weapon, and no shots were fired. A records search revealed an outstanding warrant for battery. THE ASSOCIATED PRESS



## Safe and sound

People arrive at Kiev's Boryspil airport from Syria late Wednesday. A Ukrainian military plane rescued 199 people, including 177 Ukrainians, 15 Poles and seven Syrians due to the intensifying civil war in Syria.

EFREM LUKATSKY/THE ASSOCIATED PRESS



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## Ride malfunction. Kids taken to hospital after amusement park scare

Four people were taken to hospital after a popular ride at the Western Nova Scotia Exhibition malfunctioned in Yarmouth.

RCMP say that metal pieces connected to a seat on a ride called The Scrambler came loose.

Corp. Jen Clarke says pieces struck two children on another seat and the ride then stopped abruptly.

Police say two young children were transported by ambulance to the Yarmouth Hospital as a precaution.

A woman and a 10-year-old boy who were in the broken seat were taken by family members to the hospital later on.

All four of the people who went to hospital were treated for minor injuries and released.

"My daughter Paris was very emotional from hitting her chin. She was of course worried for her sister because she was bleeding from the head," father Larry Buchanan said about the experience.

"She says they will no longer go back to the exhibition."

### Frightened daughters

All four of the people who went to hospital were treated for minor injuries and released.

- **Concerned father.** However, Larry Buchanan says the incident was very frightening for his two daughters.
- **Daughters hurt.** He says his youngest daughter, four-and-a-half year old Sophie, was cut on her head and his eight-year-old daughter Paris was injured on her chin.

Buchanan said the ride stopped very abruptly after the malfunction on Tuesday, throwing passengers against the bars.

"(The ride) took a full stop. It was in full motion," he said.

The Elevators and Lifts division of the Nova Scotia Department of Labour will be investigating the incident.

THE CANADIAN PRESS



## Because packing is such a pain?

Three houses, including an 1,800 square-foot heritage home, centre, built in 1915 and being moved to Union Bay on Vancouver Island, are towed out to the Strait of Georgia on a barge in Richmond, B.C., on Wednesday. The heritage home was saved when a family paid for the moving costs after a development company purchased it with plans to redevelop the lot. DARRYL DYCK/THE CANADIAN PRESS

### Unexploded

## WWII grenades found in river near Montenegro

Police say divers have found hundreds of grenades from the Second World War in a river outside the capital of Montenegro. Police chief

Danilo Mijajlovic says a citizen spotted one grenade in the Zeta River, northwest of Podgorica, on Tuesday. He said Wednesday that a two-hour search by police found more than 400 grenades of different sizes, most of them unexploded.

The area around the Zeta river is a popular recreation area in the summer.

THE ASSOCIATED PRESS

### Animal rights

## France paying to have sharks killed after attacks

French fishermen will be on the hunt for a vulnerable shark species off the coast of the French Indian Ocean island of Reunion soon —

and will pocket government cash for their kills after a dramatic rise in deadly attacks pushed Paris to take unprecedented measures.

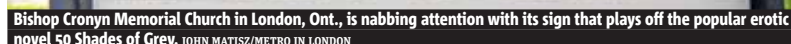
Financial incentives will come into force as early as next week — and it's provoked an outcry from animal rights groups, who call it a legalized "extermination." THE ASSOCIATED PRESS

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 Iran 4.9¢/min	 Israel 1.9¢/min	 Italy 1.9¢/min	 Sri Lanka 9.9¢/min	 Lebanon 7.9¢/min	 Mexico 1.9¢/min	 Pakistan 3.9¢/min	 Philippines 10.9¢/min	 Kazakhstan 4.9¢/min
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## Premium seats

## WestJet offering more leg room

WestJet passengers willing to pay more for extra leg room will be able to fly "premium economy" in four rows — but some non-premium customers might notice a little less space in the other seats.

Aiming its premium seats at business travellers

with an eye on revenue growth, WestJet will increase the distance between the back of the seat and the one behind it to 36 inches in four rows of its planes across its fleet.

But that also means the rest of the seats will be reconfigured to 31 to 32 inches of leg room, a move WestJet says will bring it "in line with North American competitors." **THE CANADIAN PRESS**

## Shareholders' say

## Invesco backs Rona takeover bid

Invesco Canada, one of the largest shareholders of Rona Inc., confirmed on Wednesday that it's backing a \$1.76-billion bid by U.S.-based Lowe's for Canada's largest home-improvement retailer.

Invesco has a 12 per

cent stake in Quebec-based Rona and said it's disappointed with how the company's management team has run the company.

Rona has refused Lowe's unsolicited takeover of \$14.50 per share, saying it's not in the interest of its shareholders. The deal would have given Lowe's a much bigger foothold in Canada.

**THE CANADIAN PRESS**

## Cigarette challenge

## Judge OKs tobacco suit against FDA

A U.S. judge has ruled that a challenge by cigarette makers Lorillard Inc. and R.J. Reynolds Tobacco Co., alleging conflicts of interest in the Food and Drug Administration advisory panel's review of tobacco products, can now move



A U.S. judge says a lawsuit by two tobacco companies can go ahead. **THE ASSOCIATED PRESS**

forward. **THE ASSOCIATED PRESS**

# CBC wins back rights to Olympics

**Bid approved.** Sochi, Rio Games will be back in the hands of the public broadcaster after it lost out to CTV in recent years



CBC executive Kirstine Stewart  
**TORSTAR NEWS SERVICE**

The Olympic Games will return to CBC in two years for the Winter Games in Sochi, Russia and again in 2016 for the Summer Games in Rio de Janeiro, the International Olympic Committee announced Wednesday.

The decision puts the massive sports spectacle back in the hands of the public broadcaster, which last aired the Summer Games in 2008 from Beijing. Before that, CBC had aired 19 different Olympics over almost 60 years in Canada.

CBC executive Kirstine Stewart said a long-established Olympic track record helped it nab the rights after two joint proposals with Bell Media were rejected by the IOC.

Those pitches were said to have fallen apart over money, but Stewart vowed CBC's solo bid would not further cut into the public broadcaster's hefty budget woes.

"We actually made sure that

this was, based on our prior experience, a cost-neutral proposal," said Stewart, predicting broad coverage on CBC, SRC and multiple digital platforms.

The Sochi announcement comes a little over a month after CBC and Bell Media announced they would no longer pursue the Games together.

The news sparked questions over the future of veteran sports anchor Brian Williams, who had long led CBC's broadcasts before heading to CTV for the Vancouver and London Games.

Williams quelled any suggestions he'd follow the Games to CBC in a terse statement

"I am very happy here at Bell Media. This is my future and this is where I'm staying," Williams said from London.

**THE CANADIAN PRESS**



## The Fed points to a slowing U.S. economy

Trader Bobby Finnerty calls to a colleague on the floor of the New York Stock Exchange on Wednesday. Stating that the United States economy is slowing and that more action could be needed, the Federal Reserve decided to keep interest rates unchanged at near zero. In a statement released after a two-day meeting, the Fed acknowledged that economic activity had slowed over the first half of the year. It also said unemployment remains elevated and consumer spending is rising at a somewhat slower pace. **RICHARD DREW/THE ASSOCIATED PRESS**

## Rising grain prices

## Get ready to fork out more for food

Grocery shoppers may need to dig deeper into their pockets as drought conditions inflate food prices well into next year and maybe beyond, Maple Leaf Foods president and CEO Michael McCain warned Wednesday.

Because Maple Leaf buys ingredients in advance, consumers likely won't see higher prices for its products until the end of this year, McCain said.

"Rising grain markets, specifically corn, affect the entire food chain," McCain said in an interview.

**THE CANADIAN PRESS**

## Market Minute

**DOLLAR**  
99.48¢ US (-0.23¢)

**TSX**  
11,618.53 (-46.18)

**OIL**  
\$88.91 US (+85¢)

**GOLD**  
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**Natural gas:** \$3.171 US (-3.8¢)  
**Dow Jones:** 12,976.13 (-32.55)

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# Gen Y not saving for retirement: BMO

More than a third of young adults expect to retire before they're 60, but only one in 10 have actually considered how much money they'll need, according to a study released Wednesday by the BMO Retirement Institute.

The survey suggested people aged 18 to 34 are "overly optimistic" about what their financial state will be in their golden years.

More than 35 per cent of Generation Y want to stop working early, but more than a quarter aren't saving for it, said the study, con-

ducted by Leger Marketing. Young adults are also more likely to talk about retirement planning with family and friends "in passing," as opposed to consulting financial professionals.

Fewer young adults followed up those conversations with action when compared to older people.

"This may explain why so few young adults have thought about how much money they need in retirement," said the study's executive summary.

The survey also noted that the financial realities of young adults now may

## By the numbers

## 75%

While 75 per cent of young adults are saving somehow, the amount may not be adequate for financial stability later on, the study said.

impede their ability to save for retirement.

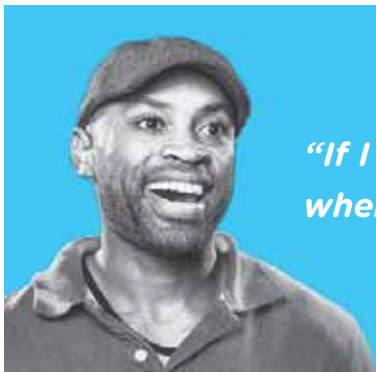
"Compared to the previous generation, there are potentially greater odds stacked against young adults' ability to establish themselves financially in today's post-economic re-

cession era," the study said. "Contributing factors may include significantly higher student debt, a longer job hunt, and lower real wages. This could potentially translate into years of lost lifetime income, which could place young adults at a significant risk of not saving enough for retirement."

While 75 per cent of young adults are saving somehow, whether through personal savings or workplace pension plans, the amount may not be adequate for financial stability later on, the study said.

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# WHAT MAY SEEM FOREIGN TO YOU IS REALLY JUST NICKELBACK



**HE SAYS...**  
John Mazerolle  
metronews.ca/hesays

I never worry when I go on long trips, because I know my father will do the worrying for me.

As my upcoming camping trip to Scandinavia approaches, I can be assured of such nuggets

of wisdom as "It will be cold/expensive/non-English there, you know."

These things aren't said with any xenophobia on Dad's part. It's more a presumption that I'm an idiot — which is fair.

My father, after all, spent a good portion of his life watching me putting shirts on inside out, placing metal-rimmed objects in the microwave and leaving ice cream out to melt ... and that was just my 20s.

It doesn't help that the first time I ever went on a big solo trip — a cross-Canada train journey — I spent the final five minutes before departure reassuring Dad I'd be fine, then marched out of the station with conviction. Without a train ticket, but with conviction.

Here, then, are my travel tips to help put Dad's mind at ease while simultaneously enlightening my readers. Also to fill the space between the ads and pick up a paycheck. You're welcome.

- Don't get so caught up in overseas preparations that you forget to **tie up loose ends here**. I've been pre-spoiling food and killing my plants so that I don't have to worry when I'm gone.
- If your **passport** is blank, be sure to write in a few countries yourself so you don't seem lame.
- **Burglars** want inside your home while you're gone, so make sure the interior helps you come off well. Leave what appear to be the notes of an epic, unfinished manuscript on a table, or write a complicated-looking mathematical formula on the wall. If you're worried about **security**, a cardboard silhouette "pacing in the window" on a model train set has never failed anybody.
- If you have **children**, remember to leave them at home.
- Carry some **emergency cash** in a "neck wallet" under your clothes. This works because no criminal has ever seen one before and won't think to take the big pouch on your torso that appears to be filled with money.
- Take things slow and befriend the locals. You can't get to know a country by just whipping through it without stopping for breath. I prefer to understand how a place's previous decades and even centuries of history have impacted the current psyche of the people in a time of economic uncertainty, and that takes three days.
- Many people are intimidated by new places, but be confident and remember that millions of people already live in the country you're heading to, and they survive despite rampant idiocy, which is a worldwide condition. A good friend of mine visited me once when I was living in Vienna and — in his first exposure to centuries-old Austrian culture — saw a bar full of drunks belt out Nickelback tunes. If those people can survive, so can you.
- Finally, call your Dad. Better yet, call my Dad. It might help him relax.



If you're not a good traveller, at least look good while you're doing it. ISTOCK

## Hang on, the mayor's stuck

Losing momentum

### Politician left hanging on a wire

A publicity stunt at a public viewing area for the Olympic Games went awry on Wednesday, leaving London Mayor Boris Johnson stranded some five metres off the ground.

Johnson was left dangling in midair above the crowds at east London's Victoria Park — clutching his Union Jacks — for roughly five minutes before rescuers came to help him down.

THE ASSOCIATED PRESS

Proud moment

"If any other politician anywhere in the world was stuck on a zip wire it would be a disaster. For Boris, it's an absolute triumph."

U.K. Prime Minister David Cameron

Flying high

### No gold-medal finish for Boris

Staff at the park eventually pulled him to safety with a rope.

"Fortunately, the mayor survived his first zip wire experience," a statement from his office said.

"Clearly the judges are likely to mark him down for artistic interpretation, and unlike Team G.B., he won't be bagging any gold medals today but he remains unbowed," it added.

THE ASSOCIATED PRESS



LEE MEDCALF/THE ASSOCIATED PRESS



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

Are you holding off on buying a new phone in anticipation of the iPhone 5?

75%  
NOT REALLY — WE DON'T EVEN KNOW FOR SURE WHAT FEATURES IT WILL HAVE



25%  
YES — IPHONE UPGRADES ARE ALWAYS MUST-HAVES

Twitter

@\_anniemariee: got my Ottawa student card... It's starting to feel official! #university #growing up

@AdamAJTupper: I love you Ottawa, but I cannot wait to be rid of you for a week

@KateRago: It's sad we're not to see Clara on the podium this Olympics. Oh well

@gabbyhoover:

holy amazing swim Brent Hayden! bringing home the bronze! #London2012

@Chels\_Murray: Why must all the entry-level #PR positions be in #Toronto? So many opportunities for new grads! Give us a shot, #Ottawa! #prjobs #acpr

@ae\_louis: So not thrilled about august, getting closer to september and not looking forward to it. #ottawa #lovingthesummer





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# Success is no illusion for local magic maker

**Michael Bourada.**

One of the city's most sought-after magicians performs close to 200 shows a year



**BACKSTAGE  
PASS**

Jen Traplin  
ottawa@metronews.ca

Not many kids could tell you for sure what they want to be when they grow up. But illusionist Michael Bourada has known the answer to that question ever since receiving a magic kit for his birthday.

"I started flirting with magic when I was eight years old," says Bourada. "I liked the idea of amazing people and kind of just rolled with it from there. Eventually I worked my way up to having a mini kids' show for local neighbourhood parties by the time I was 11 or 12."

Bourada continued performing magic all through high school, doing roughly 30 to 40 shows a year while his friends were slinging burgers and hawking jeans.

"It was really my only job," he says. "It wasn't like I was rolling in the dough or anything like that, but while a lot of friends of mine worked at retail stores or fast food chains, I was doing kid's parties, fairs and festivals."

When Bourada graduated high school, he knew he wanted to continue a career in magic. Even though his parents were supportive of the idea, they encouraged their son to go to college so he had a backup plan — just in case.

"My parents wanted me to do what I wanted to do but, like any parent, they

**Quoted**

"It can be a challenge, but part of being a magician or someone who fools people for a living is to live up to that challenge."

Magician Michael Bourada

were probably a little nervous about their child going off and trying to perform magic for a living. It's not the norm, that's for sure," he says with a laugh.

So, Bourada completed a fast-track multimedia and design program at Algonquin College and used those skills to put together videos and build his website. Now magic is his full-time gig.

"I was determined to make it work and, very thankfully, it has," he says.

These days, Bourada is one of the most sought-after magicians in the city, performing close to 200 shows a year. But he admits, thanks to the Internet, his job is a lot tougher now than it was even 10 years ago.

"Some people are out to prove it's not real, where a lot of others understand it's not real but accept it as a form of entertainment. If you go see *The Dark Knight Rises*, that's not real and a lot of it is far-fetched, but it's entertaining," he says.

"It can be a challenge, but part of being a magician or someone who fools people for a living is to live up to that challenge."

**More info**

For more on Michael Bourada, visit [livemagic.ca](http://livemagic.ca).



Michael Bourada uses doves during a live magic performance. COURTESY OF MICHAEL BOURADA

**On the Web**

The Who fans disappointed by '79 show cancellation trade in tickets for concert 33 years later

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Sparks Street

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# have YOU seen w

Allied Site	Sparks Street Site	Metro Site	Giant Tiger Site	CBC Site
<b>THURSDAY AUGUST 2, 2012</b>				
11:00AM - 12:00PM				Sophie the Fire Weaver
11:30AM - 12:30PM		Bendy Em		
12:00PM - 1:00PM	Circus Central			Cow Guys
12:30PM - 1:30PM		Fire Guy		
1:00PM - 2:00PM				Junkyard Symphony
1:30PM - 2:30PM	Magician Owen	Ernest Magnifico		
2:00PM - 3:00PM				Reuben Dot Dot
2:30PM - 3:30PM		Bike Boy		
3:00PM - 4:00PM				Peter Rabbit
3:30PM - 4:30PM		Aerial Angels		
4:00PM - 5:00PM	Magician Owen			Little Joe
4:30PM - 5:30PM		Reuben Dot Dot Dot		
5:00PM - 6:00PM	Fire Guy			Ernest Magnifico
5:30PM - 6:30PM		Billions Cobra		
6:00PM - 7:00PM	Bendy Em			Bike Boy
6:30PM - 7:30PM		Peter Rabbit		
7:00PM - 8:00PM	Aerial Angels	Sophie the Fire Weaver		Billions Cobra
7:30PM - 8:30PM		Little Joe		
8:00PM - 9:00PM	Peter Rabbit	Bike Boy	Fire Guy	Ernest Magnifico
8:30PM - 9:30PM		Cow Guys		
9:00PM - 10:00PM	Reuben Dot Dot Dot	Bendy Em	Billions Cobra	Junkyard Symphony
<b>FRIDAY AUGUST 3, 2012</b>				
11:00AM - 12:00PM				Bendy Em
11:30AM - 12:30PM		Aerial Angels		
12:00PM - 1:00PM	Circus Central			Peter Rabbit
12:30PM - 1:30PM		Billions Cobra		
1:00PM - 2:00PM				Reuben Dot Dot Dot
1:30PM - 2:30PM	Magician Owen	Ernest Magnifico		
2:00PM - 3:00PM				Bike Boy
2:30PM - 3:30PM		Cow Guys		
3:00PM - 4:00PM				Fire Guy
3:30PM - 4:30PM		Aerial Angels		
4:00PM - 5:00PM	Little Joe			Junkyard Symphony
4:30PM - 5:30PM		Peter Rabbit		
5:00PM - 6:00PM	Bike Boy			Billions Cobra
5:30PM - 6:30PM		Aerial Angels		
6:00PM - 7:00PM	Ernest Magnifico			Little Joe
6:30PM - 7:30PM		Bendy Em		
7:00PM - 8:00PM	Reuben Dot Dot Dot	Fire Guy		Sophie the Fire Weaver
7:30PM - 8:30PM		Junkyard Symphony		
8:00PM - 9:00PM	Peter Rabbit	Bike Boy	Ernest Magnifico	Billions Cobra
8:30PM - 9:30PM		Sophie the Fire Weaver		
9:00PM - 10:00PM	Reuben Dot Dot Dot	Bendy Em	Cow Guys	Fire Guy
<b>10:00PM FIESTA OF FLAMES • BANK OF CANADA PAVILION</b>				
<b>SATURDAY AUGUST 4, 2012</b>				
11:00AM - 12:00PM		Fire Guy		Bendy Em
11:30AM - 12:30PM		Little Joe	Junkyard Symphony	
12:00PM - 1:00PM	Circus Central	Peter Rabbit		Ernest Magnifico
12:30PM - 1:30PM		Aerial Angels	Cow Guys	
1:00PM - 2:00PM		Bike Boy		Billions Cobra
1:30PM - 2:30PM		Reuben Dot Dot Dot	Junkyard Symphony	
2:00PM - 3:00PM		Aerial Angels		Bendy Em
2:30PM - 3:30PM		Sophie the Fire Weaver	Ernest Magnifico	
3:00PM - 4:00PM	Fire Guy	Little Rays		Cow Guys
3:30PM - 4:30PM		Bike Boy	Magician Owen	
4:00PM - 5:00PM	Peter Rabbit	Billions Cobra		Reuben Dot Dot Dot
4:30PM - 5:30PM		Junkyard Symphony	Ernest Magnifico	
5:00PM - 6:00PM	Little Joe	Cow Guys		Bendy Em
5:30PM - 6:30PM		Aerial Angels	Magician Owen	
6:00PM - 7:00PM	Bike Boy	Sophie the Fire Weaver		Peter Rabbit
6:30PM - 7:30PM		Fire Guy	Billions Cobra	
7:00PM - 8:00PM	Reuben Dot Dot Dot	Junkyard Symphony		Ernest Magnifico
7:30PM - 8:30PM		Bendy Em	Aerial Angels	
8:00PM - 9:00PM	Cow Guys	Peter Rabbit		Magician Owen
8:30PM - 9:30PM		Sophie the Fire Weaver	Fire Guy	
9:00PM - 10:00PM	Little Joe	Bike Boy		Reuben Dot Dot Dot



# What's on Sparks Street?



Allied Site	Sparks Street Site	Metro Site	Giant Tiger Site	CBC Site
<b>SUNDAY AUGUST 5, 2012</b>				
11:00AM - 12:00PM		Bike Boy		Fire Guy
11:30AM - 12:30PM	Ernest Magnifico		Bendy Em	
12:00PM - 1:00PM	Circus Central	Billions Cobra		Reuben Dot Dot
12:30PM - 1:30PM	Peter Rabbit		Aerial Angels	
1:00PM - 2:00PM	Cow Guys	Little Joe		Bike Boy
1:30PM - 2:30PM	Junkyard Syphony		Billions Cobra	
2:00PM - 3:00PM	Magician Owen	Sophie the Fire Weaver		Fire Guy
2:30PM - 3:30PM	Ernest Magnifico		Reuben Dot Dot Dot	
3:00PM - 4:00PM	Cow Guys	Little Rays		Peter Rabbit
3:30PM - 4:30PM	Junkyard Symphony		Bendy Em	
4:00PM - 5:00PM		Aerial Angels		Little Joe
4:30PM - 5:30PM	Magician Owen		Fire Guy	
5:00PM - 6:00PM		Ernest Magnifico		Bike Boy
5:30PM - 6:30PM	Cow Guys		Peter Rabbit	
6:00PM - 7:00PM	Junkyard Syphony	Reuben Dot Dot Dot		Sophie the Fire Weaver
6:30PM - 7:30PM	Aerial Angels		Billions Cobra	
7:00PM - 8:00PM	Little Joe	Ernest Magnifico		Bendy Em
7:30PM - 8:30PM	Cow Guys		Fire Guy	
8:00PM - 9:00PM	Reuben Dot Dot Dot	Bike Boy		Junkyard Symphony
8:30PM - 9:30PM	Peter Rabbit		Bendy Em	
9:00PM - 10:00PM	Aerial Angels	Fire Guy		Fire Weavers
<b>MONDAY AUGUST 6, 2012</b>				
11:00AM - 12:00PM	Magician Owen	Reuben Dot Dot Dot		Bendy Em
11:30AM - 12:30PM	Ernest Magnifico		Fire Guy	
12:00PM - 1:00PM	Circus Central	Bike Boy		Cow Guys
12:30PM - 1:30PM		Billions Cobra	Reuben Dot Dot Dot	
1:00PM - 2:00PM	Bendy Em	Peter Rabbit		Junkyard Symphony
1:30PM - 2:30PM	Aerial Angels		Bike Boy	
2:00PM - 3:00PM	Fire Guy	Ernest Magnifico		Cow Guys
2:30PM - 3:30PM		Peter Rabbit	Sophie the Fire Weaver	
3:00PM - 4:00PM	Bike Boy	Billions Cobra		Fire Guy
3:30PM - 4:30PM		Aerial Angels	Junkyard Symphony	
4:00PM - 5:00PM	Peter Rabbit	Magician Owen		Sophie the Fire Weaver
4:30PM - 5:30PM		Reuben Dot Dot Dot	Ernest Magnifico	
5:00PM - 6:00PM	Little Joe	Billions Cobra		Junkyard Symphony
6:30PM GRAND FINALE SHOW • BANK OF CANADA PAVILION				

The map shows the layout of Sparks Street and surrounding areas. Key landmarks include the Bank of Canada Pavilion, various busker performance sites (Allied, Metro, CBC, Sparks Street, Giant Tiger), and numbered locations 1 through 16. A north arrow is present in the bottom left corner.

**11 15 6** Bank of Canada Pavilion

**1** Local Busker Performance Site

**2** BeaverTails

**3** Gourmet Lollipops & Potato Sticks

**4** Old Fashion Lemonade

**5** Corn Roaster

**6** Fiesta of Flames Fri. August 3 • 10PM

**7** Character Artist

**8** CTV / Bell Media

**9** Chalk Artist

**10** Moon Bounce

**11** Giant Slide

**12** Circus Delight

**13** Hula Hoops

**14** Giant Obstacle Course

**16** Grande Finale Show Sun. August 5 • 6:30PM at the Bank of Canada Pavilion with performances by Bendy Em • Fire Guy Ernest Magnifico • Bike Boy Ariel Angels • Billions Cobra Reuben Dot Dot Dot Peter Rabbit • Fire Weavers Little Joe • Magician Owen and more!



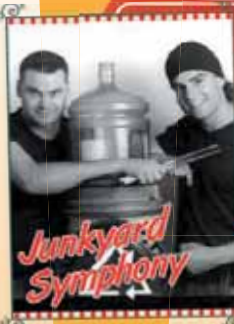
Emma Kerger, a pint-sized entertainer will have you on the edge of your seat as she comedically bends and contorts her body into freakily mind-boggling positions. If you want to see something memorable and entirely out of the norm watch **Bendy Em** squeeze herself into a tiny 16" Perspex Box balanced on a 7ft rig. This show should not be missed!

**Bendy Em**

Brant Matthews aka **Fire Guy** is an expert in fire eating, juggling and breathing and enlightens his audiences with energetic expertise. Whether its film, television, music videos, cabaret or outdoor festivals Fire Guy always ignites interest!



**Fire Guy**



**Junkyard Symphony** is an eco-entertainment company (eco standing for ecological and economical), that reuses junk to service all kinds of events for all ages. They are best known for their amazing junk/percussion/comedy/circus shows.

**Junkyard Symphony**

**Owen**, a magician since the age of 18, has an act that will dazzle and amaze you! This accomplished street artist has travelled all over the world and has come to Ottawa for a special visit to show you his world of enchantment and fascination!

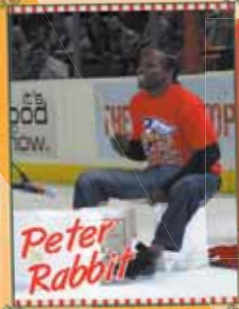


**Owen**

**Little Joe** show is a fresh twist on a classic style. His body is ridiculous and his juggling is tight. Joe will be joined by well-known Montreal piano player, Jeff Louch, as he kisses old ladies on the mouth and dances around like a freak, risking his life and taking his clothes off.



**Little Joe**



**Peter Rabbit** began performing in the streets in New York City, only later to be casted as one of the original members of the Broadway Production and first national touring company of the five times Tony Award Winning smash hit "Bring in 'da Noise Bring in 'da Funk." This phenomenal talent has performed with artists like the Neville Brothers and Kanye West on the "West College Dropout Tour."

**Peter Rabbit**

Fire-eating, whip-cracking, aerial silks and acrobatics! **Aerial Angels** have appeared at festivals across North America, throughout Europe, and in Singapore, India, Mexico and Dubai. They also won Dragon's Den!

Check them out at [www.angelsintheair.com](http://www.angelsintheair.com)



**Aerial Angels**

Sean Bridges, **Bike Boy** mixes amazing bicycle stunts, incredible juggling tricks and his spontaneous, zany humour to put on a thrilling, fearless funny show. Join Bike Boy in his world filled with excitement, energy and thrills that will make your stomach hurt from the laughter!



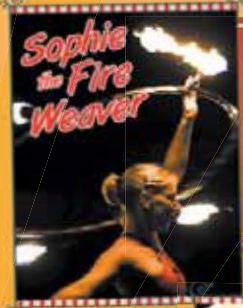
**Bike Boy**

**The Cowguys**, Brian Wilson and Jon Lockhart, will be doling out some "old school" Cowguys fun. The Cowguys is a family friendly, comedy / juggling / circus / bullwhip cracking / improv show that you don't want to miss!



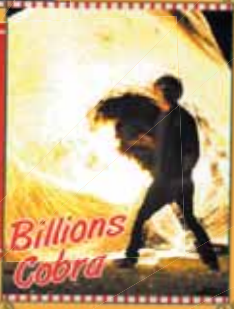
**Cow Guys**

**Sophie the Fire Weaver** brings an exciting sensory experience to events. This highly original performance involves breathtaking choreographies of daring but precise movements as she hula hoops with burning hoops and spins fire chains around herself without missing a beat! Visually stunning and mesmerizing, the Fire Weaver's shows are unforgettable.



**Sophie the Fire Weaver**

**Billions Cobra** performs that stunt as part of a comedic 30-minute show set to unique and original electronic music. The show also features several other spectacular stunts including his signature flaming tennis racket, and his newest stunt, the flaming bullwhip!



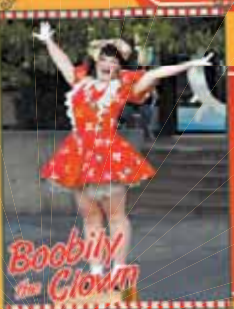
**Billions Cobra**

**Reuben Dot Dot Dot**, an ex Cirque du Soleil acrobat whose love of street performing took him back to the hallowed concrete. He defies gravity and death with acrobatic stunts and balances you need to see to believe. The show that has it all - humor; handstands; and holding on for dear life!



**Reuben Dot Dot Dot**

Interactive, playful and at times, downright silly, **Boobily the Clown** is "All Wound Up!" and having a blast being a living doll for your (and her own) entertainment. Wind her up and watch her go - but most importantly, be prepared to play and have a laugh.



**Boobily the Clown**



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Ottawa Folk Festival





# The raunchy side of comedy

With the critically acclaimed and thoroughly inappropriate Danish comedy *Klown* opening in select North American markets, it's time to look at some other comedies that left people shocked and shaking their heads.

THE ASSOCIATED PRESS

Shot with the stripped-down esthetic that's a big part of the country's cinematic output, *Klown* feels like a *Dogma* 95 version of *The Hangover*, complete with pictures to remind these guys of what they've done.

The film is about a guy who's stunned to find out his girlfriend is pregnant, but to prove he's capable of being a father, he kinda-sorta kidnaps his tubby 12-year-old nephew and brings him along on a debauched weekend canoe trip with his party-boy best pal.

But the matter-of-fact way in which these flat-out wrong adventures are depicted gives the film its own distinctive, riotous tone.

And it gives us an opportunity to look back at other great movies that famously pushed the boundaries of taste.



## Harold and Maude (1971)

He's young and in love with death. She's old and about to die. Why shouldn't they fall in love? It's icky on paper, certainly, but Hal Ashby's dark comedy has achieved cult-classic status over the years, and justifiably so. Bud Cort and Ruth Gordon are strangely adorable together as the mismatched couple.



## Blazing Saddles (1974)

Bad taste is Mel Brooks' bread and butter. His Western spoof takes place in a small town that's about to be demolished by the development of the railroad. The crooks who run the place appoint the first black sheriff in hopes that the locals will revolt.



## Bad Santa (2003)

Billy Bob Thornton plays it completely straight in Terry Zwigoff's dark comedy as Willie, a part-time department store Santa Claus and full-time alcoholic con man.

He's such a miserable, unlikable figure, it feels as if Thornton is playing him in a drama — and that's what makes the film so funny.



## Team America: World Police (2004)

Two words: puppet sex; marionette mashing so hot, it nearly earned the movie an NC-17 rating.

South Park creators Trey Parker and Matt Stone spare nobody and nothing in their skewering of Hollywood and politics.



## Bridesmaids (2011)

The sink-pooing scene alone would earn this movie a spot on any list of the raunchiest movies. But what many viewers admire so much about *Bridesmaids* is that it takes a specifically male-dominated genre — the gross-out comedy — and injects it with female insights without compromising on the laughs.

## It's not déjà vu, memory plots are all too common in sci-fi movies

**Total Recall.** Sci-fi remake reminds that amnesia as a starting point isn't all that original — or, if you will, memorable



IN  
FOCUS  
Richard Crouse  
scene@metronews.ca

This weekend a remake of the 1990 Arnold Schwarzenegger sci-fi favourite *Total Recall* hits screens with Colin Farrell replacing the Governator.

Unlike the original, Farrell is more mental than muscles, but like its predecessor it is a story about memories; some real, some implanted.

The movie asks the question: is anything real, or are we watching the memory Farrell ordered?

Memory is an intangible, mental process to attain, amass, remember and retrieve information.

Not exactly the most cinematic subject, but nonetheless filmmakers have used memory as the backbone for movies for decades.



Colin Farrell stars in the remake of the sci-fi flick *Total Recall*. HANDOUT

Most memory movies use amnesia as a starting point.

The loss of memory propels the plot of the Hitchcock classic *Spellbound*.

Gregory Peck plays a man whose guilt at the death of his younger brother causes amnesia.

The movie broke box office records when it opened, but Hitchcock dismissed it as "just another manhunt wrapped up in pseudo-

psychoanalysis."

Who could forget Matt Damon as one of the most popular (and violent) amnesiacs of recent years?

In the *Bourne* Identity he is Jason Bourne, a CIA operative who loses his memory while on a mission.

As he tries to regain his memory, he discovers he has a unique and deadly skill set. As he brings his past into focus, he doesn't like what he

discovers.

"Everything I found out," he says, "I want to forget."

Eternal Sunshine of the Spotless Mind presented a different take on memory loss. In this strange and romantic Jim Carrey movie people pay to have painful memories erased from their minds.

Short-term memory loss has provided the backdrop for comedies like the world's only brain-damage-rom-com, *50 First Dates* — Adam Sandler woos Drew Barrymore even though she forgets who he is every day — and complex thrillers like *Memento*.

Directed by Christopher Nolan, *Memento* stars Guy Pearce as a man with short-term memory loss, who uses notes and tattoos to hunt the person he's convinced killed his wife.

"Facts, not memories," he says, "that's how you investigate."

Finally, two romantic and sad movies explore Alzheimer's disease.

The Notebook pairs James Garner and Gena Rowland in a heartbreaking study of love and memory loss while *Away From Her* sees Julie Christie and Gordon Pinsent's long term marriage torn apart by the disease.

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**"MAD MOOSE"**

# Showtime at TCA press tour: Reinvention, with accolades

**Television.** With *Weeds* ending and the success of freshman series *Homeland*, the network is weathering a period of transition

Showtime is having a "transformative" year, the network's president of entertainment, David Nevins, told reporters gathered at the Television Critics Association press tour in Beverly Hills, Calif.

As the channel prepares to say goodbye to *Weeds* — the edgy sitcom that put Showtime on the map for scripted programming — on Sept. 16, it has also borne the gripping political drama *Homeland*, which, in its first season, won two TCA awards (for Outstanding New Program and Individual Achievement in Drama, given to star Claire Danes), has been nominated for several Emmys, and touched off a national pop culture conversation.

Who is watching Showtime today? Well, even President Obama is a *Homeland* fan. Star Damian Lewis told critics he was invited to a state dinner when British Prime Minister David Cameron was visiting the White House, and, surprised that he was even on the president's radar, asked Obama when the leader of the free world managed to find any downtime to watch TV.

"He said, 'Saturday afternoons, Michelle and the two girls, they go play tennis,'" Lewis relayed. "I go into the Oval Office. I pretend I'm going to work, and I switch on *Homeland*."

Showing a continued commitment to storytelling in all Showtime series, Nevins announced that comedy *The Big C*, starring Laura Linney as Cathy, a woman coming to terms with a cancer diagnosis, will conclude as a limited-run series of four one-hour episodes.

"From its inception, the show has been unique in its premise and its tone, and I'm excited that we've come up with a unique and form-breaking way to bring conclusion to Cathy's story," Nevins said.

"It's very important, I think, with a premium network ... to plan (show endings) and do it the right way. I think we have a contract with our audience (to tell the whole story)."

Dexter is another Showtime series that had been given an end date to conclude the journey of its protagonist — this one, a serial killer anti-hero — as star Michael C. Hall has signed on through eight seasons.

But Nevins referred to Season 7, premiering Sept. 30, as a "game-changing year," hinting that it's possible the show has creatively reinvented itself in a



Actress Claire Danes and actor Damian Lewis speak at the *Homeland* discussion panel during the Showtime portion of the 2012 Summer Television Critics Association tour in California this week.

FREDERICK M. BROWN/GETTY IMAGES

## Documentaries

- The network will premiere a number of documentaries next year under the new banner Closeup.
- The first film, *The World According to Dick Cheney*, by R.J. Cutler, takes an unprecedented look at the former vice president.
- Director Antoine Fuqua examines the life and career of rap legend Suge Knight. Richard Pryor: *Omit the Logic* is directed by Emmy-winner Marina Zenovich. And Brett Ratner will direct a documentary on music mogul Tommy Mottola.

way that could warrant more seasons.

"I think everything has gotten rewired this year in a very interesting way," Nevins said. "Given that (Dexter's sister) Deb has to deal with who her brother is, everything changes. What I've said before is likely two years (before ending), but ... I think plans can always change."

AMBER RAY/METRO WORLD NEWS



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Tyler Stewart, left, Kevin Hearn, Ed Robertson, Steven Page, and Jim Creeggan of The Barenaked Ladies in 2002.

AARON HARRIS/THE CANADIAN PRESS

# ‘The worst album cover in the history of music’

**Music.** Barenaked Ladies reminisce on debut album *Gordon* as it turns 20

The first clue that the Barenaked Ladies' breakthrough debut *Gordon* is 20 years old has to be the album's cover.

Well, it's a bunch of clues, really. The ugly fonts. The sloppy graphics. The freshly scrubbed faces of the barely-out-of-high-school quintet. Perhaps most importantly, the haircuts — frontman Ed Robertson wearing a pineapple-like 'do, his black hair sprouting wildly atop his otherwise shaved head, while drummer Tyler Stewart has his own strands organized into dreadlocks.

To the band, the album feels like it came out yesterday. But it sure doesn't look that way.

"Absolutely the worst album cover in the history of music," Stewart sighed in a recent telephone interview. "It's like some crappy font with photos of us wrapped around it. We're all looking overly cute and earnest."

"It's just ... terrible."

Added former co-frontman Steven Page: "I think even from the first time we saw the album cover, we looked at it and cringed."

Of course, the cover didn't matter.

With the Toronto band's five members still in their early 20s, *Gordon* hit stores back on July 28, 1992.

A month later, it occupied the top spot on the Canadian *Billboard* album chart, a position it would hold for eight consecutive weeks.

Fuelled by a series of pervasive singles including Brian Wilson, If I Had \$1,000,000 and Be My Yoko

Ono, the album has since reached that rarefied air of diamond certification in Canada.

If the quality of Gordon's songwriting didn't betray the band's youth, the hijinks they got up to while crafting the album might have.

They recorded at Le Studio, a scenic space located just south of Morin Heights, Que., overlooking Lac Perry. Since the lake was frozen at the time, Jim Creeggan would cross-country ski across every day en route to recording.

The band insisted upon including appearances from a dizzying number of their Toronto musician friends, including Jason Plumb, Bob Wiseman, Kate Fenner and members of Moxy Fruvous and the Rheostatics.

And yes, the lore is true: the Ladies recorded *The King of Bedside Manor* while

completely naked. (They continued the practice of recording one song from each album nude until they started to get into their 40s, Stewart pointed out with a laugh). "I don't think we could ever play that fast — it was like we were running away from each other's nudity," Stewart said.

"We had such a great time," he said of the recording experience. "It was like camp."

THE ASSOCIATED PRESS



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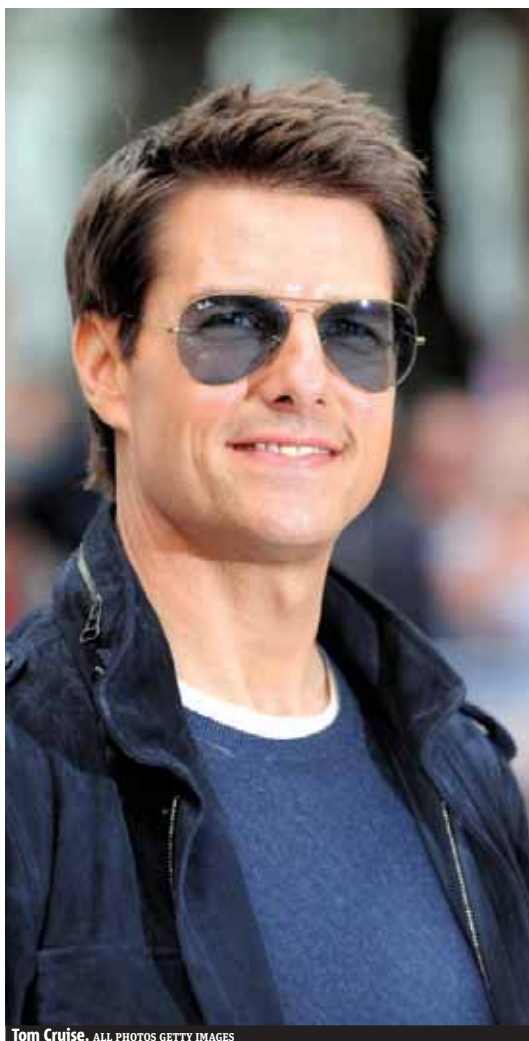
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Tom Cruise. ALL PHOTOS GETTY IMAGES

## Tom Cruise whisks Suri off to Disney World

Tom Cruise is pulling out all the stops for his time with daughter Suri in the wake of his divorce from Katie Holmes — and he's not above a trip to the Magic Kingdom.

Cruise headed to Walt Disney World with his daughter and other family members this week, with the six-year-old dressed up

as a mermaid.

"Suri looked like she was in heaven," another park-goer tells People magazine. "It was really cute. She was walking around like she owned the place, having the time of her life, and Tom — who looked really handsome — was talking to her, was really engaging with her."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Pattinson staying at Witherspoon's ranch

THE WORD  
Monica Weymouth  
scene@metronews.ca

Loyal Word readers may have noticed that Robert Pattinson and Kristen Stewart have been absent from our pages for two full days. But all good things, of course, must come to an end.

After moving out of the Los Angeles mansion they were sharing, Pattinson has surfaced at friend and Water

for Elephants co-star Reese Witherspoon's super sweet California ranch, reports Us Weekly. Pattinson remains "inconsolable" about Stewart's affair with Rupert Sanders and is more than a "total mess" than usual, sources tell the magazine.

As for Kristen, she's found support with Panic Room co-star Jodie Foster.

"As soon as she heard the news, Jodie contacted Kristen," a source tells RadarOnline. "Jodie told Kristen to take no notice of the media bashing and said if she wanted to cry her heart out to her she's always available."

Unless Jodie Foster's got a Malibu beach house up her sleeve, we're going to have to hand this round to Pattinson.



Jessica Biel and Justin Timberlake

## Jessica Biel enjoying being engaged

Jessica Biel and Justin Timberlake probably aren't getting married soon, if Biel's level of preparation for the big day is any indication. The actress says she's prepared "almost nothing" for her wedding.

"I'm just being engaged."

I do feel like there is a lot of time and nothing needs to be rushed," she says, according to the Chicago Sun-Times. "Everyone tells me that being engaged is the really special moment — not that it gets bad when you're married."

### Twitter



@EllenBarkin

To all u out there threatening me, I have no problem reading your childish age related insults, but threats on my life...no. Blocked & reported



@RealRonHoward

Back in the editing room after a complete and encouraging screening for a few friends and family last night



@MarthaPlimpton

That's it. I'm going on a total twitter blackout until the end of the Olympics. The spoilers are infuriating.



@russellcrowe

The Olympics opened already, wow, missed it, first time in a long time...I've been in the Icelandic bush...well, moss...Kleifarvatn...

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# A world-class wardrobe

**Go for the glam.**  
2012's Olympic audience is seeing peak athletic performance paired with front-line fashion

Who said sportswear can't be chic?

The athletes' parade during last week's opening ceremony might as well have been a catwalk show, with some of fashion's biggest names — Armani, Prada, Ralph Lauren, Stella McCartney — designing the team uniforms.

Many in the fashion industry are already calling this the most stylish Olympics ever.

The Italians must be some of the best-dressed athletes, scoring points with an understated monochrome kit in navy and white by Giorgio Armani, as well as waterproof blue designs for their sailing team by Prada.

Stella McCartney has worked with Adidas to design the sporting gear and Village wear (loungewear) for Britain's home team, though the outfits weren't on show Friday as athletes covered up in white and gold tracksuits. McCartney's gear takes inspiration from the iconic Union flag, but she said she deconstructed it to make it "more delicate and feminine."

Meanwhile, the American team may have gotten a bar-



How do you fashion-savvy readers feel about Canada's Olympic kits? MATT DUNHAM/THE ASSOCIATED PRESS

rage of bad press for its made in China Ralph Lauren uniforms, but the preppy designs were still some of the most stylish in the arena: clean-cut navy blazers, crisp white trousers, skirts, and shoes, accessorized with navy berets and blue, red and white striped scarves.

The Jamaican team is in the spotlight because of sprinter Usain Bolt, so it's fitting that it also got a boost in the fashion stakes this year.

Their kit, which feature the national colours as well as lightning-like prints, were designed by Cedella Marley, daughter of



Scouts honour: Ralph Lauren seemingly drew inspiration from those 'always prepared' club members of the past. MATT DUNHAM/THE ASSOCIATED PRESS

Bob Marley, for Puma.

Other designers behind the Olympics this year include luxury label Hermes, which has designed riding jackets for the French equestrian team, and Salvatore Ferragamo, which designed the official uniform for the European republic of San Marino.

Some designers didn't get involved in the official Olympics gear, but used the games as an opportunity to cash in and

promote their brands anyway.

Karl Lagerfeld, for example, launched an Olympic-themed womenswear collection called Team Karl at London department store Selfridge's — though he reportedly said he wouldn't tune in to watch the games. Meanwhile, high-street chain store H&M said it was launching two pop-up stores dedicated to selling sportswear in London.

THE ASSOCIATED PRESS

## Pool cool

### Beauty in a bathing suit

Natalie Coughlin has been in the pool as long as she can remember, building the muscles and learning the discipline that would lead her to 12 Olympic medals. Many of the same things that help in her training also help her beauty routine.

"Eating well and taking care of your body is the No. 1 most important thing for good hair, good skin and good nails," she says. "Your nutritional needs show up on your hair, skin and nails."

Dryness is what she's usually battling, but she has success with leave-in conditioner as a weapon, says Coughlin, who signed earlier this year as a spokeswoman for hair-care brand Pantene. She skips the chlorine-removal shampoos, though, because she finds they not only take out the chemicals but also moisture. When she does her own hair and makeup, she'll wear her naturally wavy hair down with "just a touch of help from the curling iron." She'll wear brown eyeliner and mascara — both "don'ts" on days she is swimming because they'll run. THE ASSOCIATED PRESS



# 3

## On the Web



Ukraine fashion show shines rare spotlight on the disabled.

## A low score for style?

Friday's athletes parade also showcased some surprising and less popular designs.

- The German team was notable for not using their national colours at all — instead, the kit was all hot pink for the women's jackets, and cornflower blue for the men; both were paired with white trousers.
- The Czechs, meanwhile, wore bright blue wellington rain boots paired with white shorts.
- Some Spanish athletes have posted tweets grumbling about their garish red and gold outfits, and there are even Spanish Facebook groups set up to campaign against the gear.



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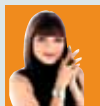


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## Twitter



**JEANNE SPACE**  
Jeanne Beker  
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND, AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

**@Jeanne\_Beker:** What do YOU think of Canada's Olympic gear so far? Opening ceremonies looks + now podium fare? All from @theHudsonsBayCo #CTVOlympics

**@saskryan**

They look good . . . only negative is that the @TheHudsonsBayCo logo is bigger than the @CDNOlympicTeam logo!

**@cowgirlwarrior**

they're looking sharp, athletic and Olympian :)

**@AinslieCogswell**

I gotta say the outfits at the opening couldn't have been more boring. There were some fabulously dressed countries, not us :(

**@RamonaLeigh**

It's great to know its all Canada made.

**@Jeanne\_Beker:** Watching gymnast @KristinaVaculik on balance beam @CTVOlympics. So proud of our gorgeous Canadian gals! (Love the flowers in their updo's.)

**@sydnee\_xo**

did you know the flower is for another team member who couldn't compete because of a recent knee injury? :)

**@Jeanne\_Beker**

How beautiful!!

**@sydnee\_xo**

they made the girl honorary team captain so she could come to london with them! :) + they did amazing, top 5!



**@Jeanne\_Beker:** The @CTVOlympics podium look for our Canadian athletes, designed by @TheHudsonsBayCo

## The Kit

## Canadian street style

Spotted in: Ottawa

Jessica Bourgois

Hair Stylist

Age: 24

**What she's wearing:**

Nine West clutch, Ray Ban sunglasses, Aritzia dress, Aldo shoes

**Her inspiration:**

"I'm wearing my favourite colour of all time."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES, AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM, AND A WEEKLY NEWSPAPER SECTION TOO!



# Deals on wheels: fashion gets moving

**Trailer treasures.** Fashionistas inspired by food trucks, sell clothes, accessories from mobile trailers

Friends were always asking Joey Wolfer where she got a piece of jewelry, and the former trend director for Jones Apparel Group said she was looking for a unique way to introduce some favourite designers to the U.S. market, along with some of her own creations. She

bought the truck with money she inherited and set up shop.

Styleliner is among a handful of mobile retail stores in New York, Boston, Los Angeles, Portland, Ore., and across the U.S. that are hocking vintage accessories, sexy shoes and denim to die for in their haute wheels. Owners say they're taking cues from the food truck industry, which glamorized street cuisine, garnered a cult following and even spawned a hit TV show.

Experts say traditional stores want to collaborate with mobile retailers, not compete



Julia Hutton stands inside her custom trailers in Phoenix. Hutton owns ExTreme ReTrailers which designs custom trailers to look like mini stores on wheels. MATT YORK / THE ASSOCIATED PRESS

with them. The trend comes as brick and mortar stores are struggling to get customers ex-

cited about shopping in a struggling economy.

"It's an opportunity to get

(customers) into the parking lot and go to the mobile truck and we believe there's overflow traffic that goes right into the store from there," said Mike Gatti, a senior vice-president of the National Retail Federation. "We're not hearing really any complaints about them."

And it's not just retail. Experts predict consumers will see more industries, including medical and home furnishing, hitting the road.

The Man Cave offers haircuts, shoe shines and neck massages in an air conditioned trailer with high-end cigars and

a humidifier. Owner Julia Hutton also runs two other mobile retailers in Phoenix, including Biker, Babes and Beyond LLC and Bling N' Things.

Her company, ExTreme ReTrailers, also designs custom trailers to look like mini stores on wheels. The trailers include wireless credit card machines, changing rooms and air conditioning. Trailers start at \$10,000 and Hutton has five companies looking to purchase within the month, including a massage business, a pet products retailer and a craft store, she said.

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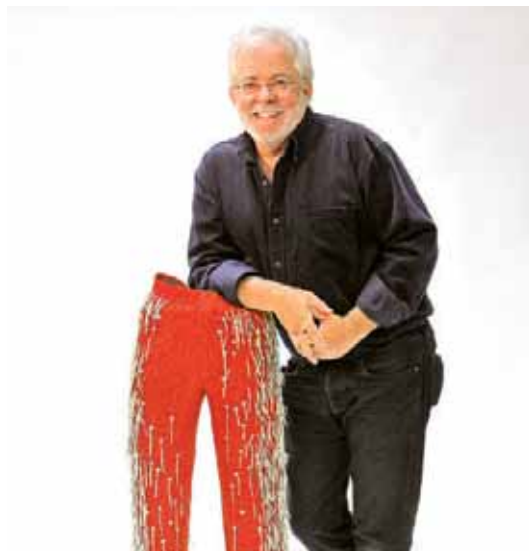
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# The king of shop: Jackson's dresser dishes in new book



Michael Bush poses with an item from his muse's flashy fashion collection.  
JAE C. HONG / THE ASSOCIATED PRESS

## Suiting up a star. Pop icon's longtime costumer tells of his late client's style secrets

The zipper-covered Beat It jacket. The military-inspired coats with their epaulets, crests and insignias. And, of course, that glittery glove.

Michael Jackson's fashion sense was as singular as his musical style and dance moves.

### Pranks and pop music

What most people don't know about Jackson?

- Bush said he was a joker — a playful prankster who loved to laugh and often teased those closest to him the most.

Millions imitated his pegged pants and penny loafers, a fedora cocked just so.

Jackson's longtime costumer reveals the secrets behind the King of Pop's meticulously crafted, regal rock-star look — and an intimate glimpse into the man himself — in a colorful new book, *The King of Style: Dressing Michael Jackson*.

"When you worked with

him, you couldn't wait to get there and you didn't want to leave when you got done," said author/costume designer Michael Bush, who with his late partner, Dennis Tompkins, dressed Jackson for more than a generation. "It was hard to imagine anyone that projected fashion and style any better."

"Michael's concept was, 'I want the fashion designers in the world, the big conglomerates, I want them to copy me. I don't want to wear what's out there. I want to push my individuality, and being that my music is me, my look should be me,'" Bush said in an interview at a warehouse in Los Angeles, racks of glittery history behind him.

Bush says that *The King of Pop* preferred China silk, silk charmeuse and stretchy fabrics. "Spandex made Michael feel sleek and secure and worked for his dance style," Bush writes.



Then there were the military jackets, the rhinestone-encrusted interpretations of British war uniforms like the one Jackson wore at the 1984 Grammy Awards, when he raked in a record eight awards for *Thriller*.

Jackson also had a childlike fascination with rhinestones, Bush said.

"Sometimes I'd drive three hours to retrieve loose rhinestones straight from the factory, just because looking at them in that raw form pleased Michael to no end. Every time I opened the swatch of white felt that encased the rhinestones, he'd gasp," he writes. "He'd take them from me and delicately move them around with his fingertips and whisper... 'Can you imagine being a pirate opening a treasure chest? And seeing all the glitter inside? What a fascinating life, to be a pirate like that.'"

THE ASSOCIATED PRESS

### Fashion flash

## Joe and J.C. join forces, get Fresh in the U.S.

Joe Fresh is continuing its push into the competitive U.S. retail market with a newly-inked deal with J.C. Penney.

The affordable apparel brand will partner with the U.S. retailer in opening nearly 700 dedicated Joe Fresh shops in newly renovated J.C. Penney stores across America next spring. The shops will range in size from about 90 to 230 square metres and are set to open next April.

THE CANADIAN PRESS

## Royal robes get fashionable nod in Vanity Fair

British royalty has made its mark atop Vanity Fair's International Best Dressed List, with Kate Middleton and her brother-in-law, Prince Harry, both making this year's stylish slate.

The Duchess of Cambridge's decision to decline the services of a dresser and mix high-end couturiers like Alexander McQueen with her own browsing the racks of Topshop, earned her a spot on the 73-year-old list.

THE ASSOCIATED PRESS

# New face on The Face

## Model mentor.

Karolina Kurkova to appear on show alongside Campbell and Rocha

Karolina Kurkova wants to be the mentor on TV's *The Face* that she didn't have 13 years ago when she started modeling.

She will be the third coach on the new reality competition for up-and-coming models, working alongside Naomi Campbell and Coco Rocha, Oxygen Media announced Wednesday. Photographer Ni-

### A caring coach

"I am someone who is nice but I know to achieve something you have to be tough and honest."

Karolina Kurkova

gel Barker, a former judge on America's *Next Top Model*, will serve as host.

Filming on *The Face* starts in September. The show will air early next year.

The trio of supermodels will scout their own teams and lead them through the sometimes

glamorous — sometimes not — world of castings, runway shows, editorial and commercial photo shoots. The last model standing, in high heels, no doubt, will become the spokesperson for a national brand.

Kurkova will be "a shoulder to cry on," she says, but she can also dole out tough love when needed. She's gotten even better at that since her son, Tobin, was born almost three years ago.

"I am someone who is nice but I know to achieve something you have to be tough and honest, but you don't have to be mean," the Czech-born Kurkova says.

THE ASSOCIATED PRESS



Karolina Kurkova

EVAN AGOSTINI / THE ASSOCIATED PRESS

# Summer Break

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# Natural elements just part of the fun for playground designers

**Natural Playgrounds.**  
U.S. company  
incorporates equipment  
into existing landscape

Architect and playground builder Ron King is part of a robust movement to bring back more natural play, with environments that serve up some messiness and risk-taking along with exercise.

Kids may play on equipment for a short time, he says, "but then they want to run around. They want to climb a hill, scramble over rocks, listen to the wind and play in the rain. They want to explore and discover rather than have their play experience defined by a piece of equipment."

So when his company, the Concord, N.H.-based Natural Playgrounds, builds a playground for a school or community, he tries to incorporate any equipment into the existing landscape, using or adding boulders, wooden beams, hammocks, water pumps or sand. Polycarbonate slides are built into embankments so the slides can be higher but the falls aren't as dangerous. They're also treated so that static electricity doesn't interfere with cochlear implants, and they're heat-resistant. He might put in a water pump that needs to be primed, and sand that can be sculpted. Cedar, steel and copper can be turned into drums, musical fences, and tubular contraptions that make interesting sounds when gravel, water, sticks or hands come in contact with them. There are places to play quiet games, and also room to run with the gang.

Having the opportunity to do both is optimal, says Susan Solomon, author of *American Playgrounds* and the upcoming *The Science of Play* (both from



A Pebble Harp makes beautiful, tinkling, harp-like sounds when children drop pebbles down the slots in the top, and pebbles drop out the bottom, ready to be reused to make more music. THE ASSOCIATED PRESS/NATURAL PLAYGROUNDS COMPANY



Natural Playgrounds offers labyrinths because 'walking the labyrinth' is great for children and adults. Do-it-yourself templates of various sizes are available in the Natural Playgrounds online store.

THE ASSOCIATED PRESS/NATURAL PLAYGROUNDS COMPANY

University Press of New England). The trend toward more natural playgrounds, she says, is due partly to the high cost of the prefabricated, themed structures (jungle, pirate ship, tiny town) found in so many

playgrounds today. It's also the result of growing interest in nature and local products, and of parental nostalgia for what is remembered as a more unfettered childhood.

Playgrounds in recent years



A Tree Deck Natural Playground built on a hill is shown at a child-care facility in McMurray, Pa. Tree Deck playgrounds help children touch tree canopies, get closer to birds, and experience heights. THE ASSOCIATED PRESS/NATURAL PLAYGROUNDS COMPANY



An embankment slide is built into a constructed hill at an elementary school in Glens Falls, N.Y. The embankment slide is safer than tower slides with ladders. Scattered boulders, random dirt steps, rough terrain, and varied plantings add to rich textures and varied experiences. THE ASSOCIATED PRESS/NATURAL PLAYGROUNDS COMPANY

— including some natural playgrounds — have gotten a little tame, Solomon says. Safety and liability concerns have driven out many tall or fast pieces of equipment.

And with them some of the

fun. "They don't allow kids to take chances," Solomon says.

"Risk involves uncertain outcomes — going fast, reaching great heights or even hiding, in order to overcome primal fears and create exhilaration."

Restoring some of that excitement safely is one goal of designers of natural playgrounds.

The Woodland Discovery Playground at Shelby Farms Park in Memphis, Tenn., is a 3.5-acre amalgam of nature, naturalistic elements, and steel and plastic structures. It was developed by the New York-based design firm James Corner Field Operations after a series of workshops with local kids.

"What was so remarkable was that most children actually preferred woodland exploration to playing on the existing playground that occupied the site," says the firm's senior designer, Sarah Weidner Asheimer.

The resulting playground consists of six play "nests"; features include climbing walls, a bright red suspended net, a variety of swings, tree forts, vines and a place for quiet play.

A mix of natural and man-made challenges is also the recipe recommended by Paige Johnson, who writes a blog called *Playground Designs*. A few natural rocks and tree stumps aren't enough, she says.

"Some advocates even reject swings or slides, but the experience of dynamic motion, where a child feels a temporary loss of body control, is part of great play," she says. "It makes even grown-ups laugh."

A natural playground needs a few key elements, according to Johnson: a hill, boulders and stumps to climb on; rocks and gravel to dig in; paths and perhaps a little bridge to traverse; and a gate or door that kids can turn into a portal of their own. Finally, there should be a pile of loose parts: Wood blocks, bricks or boxes of donated junk that can be turned into an imaginative, free-wheeling experience. THE ASSOCIATED PRESS

## The egg debate

### Happy chickens, happy planet

What are the most sustainable eggs to buy?  
—Natalia of Regina



QUEEN OF GREEN  
Lindsay Coulter  
green@metronews.ca

You'll want to choose eggs from happy chickens!

Eating a planet-friendly diet includes consuming less meat,

eggs and dairy products. But if you buy eggs, consume those that are humanely raised.

These days, egg cartons make claims like "cage-free," "free-run" and "free-range." And these choices matter. Tragically, more than 90 per cent of Canada's egg-laying hens are confined in "battery cages" — small wire cubes housing five to seven birds each, beaks cut (to control damage from pecking their cage mates), stacked row upon row upon row in large, windowless barns.

It's time to put the chickens before the eggs. Here's a quick guide to navigating egg-carton labels, from better to best

choice (and don't be fooled by misleading claims like omega rich or fed vegetarian feed).

Cage-free eggs: Hens aren't confined to battery cages, but that's about it. They don't have access to the outdoors, and there are no assurances about what they are fed or what kinds of medications they are given. You might see this claim on all three types of non-battery cage production eggs — free-run, free-range and organic. Certification: none.

Free-run eggs: Chickens can move around in open-concept barns, but they don't necessarily have access to the great outdoors and overcrowding may

still be an issue. Certification: none.

Free-range eggs: Hens see the light of day (depending on the weather) and their feet actually come in contact with the earth. Certification: none.

Organic eggs are your best choice. These hens benefit from the highest welfare standards. And certified-organic labels often require the use of organic feed without growth hormones or antibiotics.

Certification can include third-party labels like Canada Organic, Quality Assurance International, USDA Organic and B.C. Certified Organic. You may also see certification by



More than 90 per cent of Canada's egg-laying hens are confined in battery cages. ISTOCK IMAGES

provincial welfare agencies. For example, the BC SPCA Certified label assures eggs come

from farms that have passed their animal welfare standards.



# The beauty of a few curves

**Modern looks.**  
Smooth-lined  
furniture on its way



**DESIGN  
CENTRE**  
Karl Lohnes  
home@metronews.ca

For far too long we have seen the trend of square-edged furnishings highlighted in the best looking homes and hotels. I have always been a believer that whenever a decor scheme has square corners there must be a few rounded ones to create a healthy design juxtaposition.

As we slowly see a return to traditional lines in furnishings we also see "the curve" coming into modern looks. Here's a selection of "curves-with-personality" pieces that can help break up the linear action in most of today's rooms; and in my favourite colour combination of persimmon and grey.



## Round out the room

A rounded banquette helps to snugly fit a round table and mid century modern shapely chairs in a family eating nook.



## Ryder Rocking Chair, \$740, West Elm

Danish-inspired design with simple lines and natural materials turns the idea of a rocking chair into something of cool comfort.



## Haviland Chest, \$350, Pier 1

Painted stripes play off the Bombe curves of a stylish cabinet. A fun, personality-filled accent.



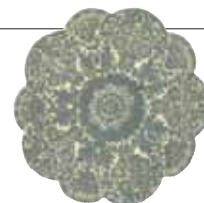
## Hartwell Sofa, \$1,999, Ethan Allen

An arched back and flared arms help to modernize the classic camel-back sofa.



## Isala Side Table, \$199, Ikea

Legs reminiscent of Victorian stair spindles serves up oversized whimsy on a side table.



## Doily 8' Rug, \$800, Anthropologie

Circularly shaped with petal details and scrolled cut-outs give us beautiful curves for the floor.



## Corsett Leather Ottoman, \$249, Urban Barn

Cinch it in for some sexy curves.

## Incorporating curves into a modern space

- Use the 70/30 rule to balance the look in a room: 70 per cent square modern lines, 30 per cent curvy lines.
- Keep the colours solid and the patterns plain on curvy furnishings. Curvy lines and curvy patterns together are a thing of the past.
- Round-topped tables are good choices because they are easy to get around in a small space; no corners to bump into at night.

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## SPECIAL INFORMATION FEATURE

# Wheat Kings

**Beer.** Beat the heat on a summer day with these interesting and flavourful selections



JEFF  
O'REILLY  
For Metro

Oh those hazy, lazy, crazy days of summer ... can you remember ever seeing weather like this?

These are indeed the dogs days of summer, and there aren't many beers that can beat the heat like the taste of wheat, so why not look to these interesting and flavourful selections to help quench your thirst on a hot and sticky sunny afternoon.

Schneider + Brooklyn Tap 5 HopfenWeisse (8.2 per cent alcohol by volume, LCBO 500 ml, \$2.95) is a surprisingly complex collaboration based on mutual appreciation. In this German brewed version using Hallertauer Saphir hops, it pours cloudy, opaque brassy gold with orange hues and off white foam cap. Bold aromas find lemon,

orange, banana/bubblegum, coriander and peach swirling with grassy and floral hops. There is tangy orange, lemon and banana, spicy with a fruity sweetness in rich thick wheat with a slightly lingering bittering of the grassy hops. Buttery smooth, full-bodied, well carbonated and very nicely balanced and a short lingering finish. I am thoroughly impressed.

The ClockTower Brew-Pub's Wit (4.8 per cent ABV on tap) is a radiant, deep, hazy copper colour and egg-shell white head. Bright orange zest, banana, clove and precocious spice aromas tantalize the nose before a ripe sun-kissed orange and spice flavour arrives with a slightly tangy, yeasty sensation challenging your taste buds. ClockTower owner John Coughlin aptly describes the taste of the unusual Bird of Paradise seed that gives it a certain alluring mystique as having a "sharp, white pep-

per taste on the inside and the perfect clove numbing on the outside" — honestly, I couldn't have said it better myself. The brew has a charming, big, fat creamy smoothness with a precocious spritzzy tingle and a very nice short, dry finish. An excellent interpretation right up there with the Belgium legends — brewmaster Patrick Fiori has done an amazing job at dialling into the intricacies of an Old World classic specialty Wit style while adding a little whimsy and flair to create a locally brewed beauty worth admiring.

Erdinger Dunkel Weissbier (5.3 per cent ABV, LCBO 500 ml, \$3.15). Since 1991, this alternative choice from the world's bestselling wheat beer brewer, "dunkel" means "dark" in German, but don't let the colour fool you into thinking it's heavier than other wheat beers as it pours a deep, dark chestnut hue with fat, fluffy tan head and aromas of roasted dark malts, sweet chocolate, coffee and wheat, of course. The superbly balanced tastes of chocolate, nuts, bananas and



Monica relaxes with a pint of Hogsback's Sunofa Beach — a great way to beat the heat. JASON ROBINSON/FOR METRO

the slightest hint of banana are part of a super smooth, light and thoroughly enjoyable wheat beer experience.

Undeniably refreshing, the perfect after-dinner drink or summer nightcap.

Hogsback + Ashton Brew-

## Craft Beer Week

- Tickets are on sale for the first National Capital Craft Beer Week, which will run from Aug. 10-18. National Capital Craft Beer Week will feature nine days of craft-brewing related events across the region, celebrating the capital region's rich brewing heritage and exciting current offerings. For more, see [nationalcapitalbeerweek.com/](http://nationalcapitalbeerweek.com/).

ing Company(s) paired up again to make a new Kristal Weisse cleverly called Sunofa Beach (five per cent ABV on tap). It pours a crystal clear pale gold and, unlike the Weihestephan KristalWeisse with the atypical banana/clove-bomb aromas, the nose was super subtle and everything about it was soft and very relaxed — just the way summer should be. Immediately accessible flavours of delicious wheat and a very soft caramel and pale malts appeared up front with sneaky green grape, unripened banana and maybe McIntosh apple towards the end. There is a very accessible medium body in the background delivering pilsner-ish refreshment before a short, summer breeze of a finish.

### Sunday, August 12 Family Day

Enjoy great tastings, children's activities, contests and healthy cooking demonstrations for the whole family.

### Saturday, August 18th Westboro Opens

We're opening our newest location in Westboro's Byron Tramway Park on Saturdays, 9:30-3:00 until October 27th.

### Sunday, August 19th Savour Ottawa's Harvest Table

Celebrate Ottawa's bountiful harvest & culinary talent with a five-course, gourmet lunch prepared by local chefs from fresh, seasonal ingredients provided by our local farmers. Tickets are available at the market & [savourottawa.ca](http://savourottawa.ca). Individual tickets - \$60. Cream of the Crop VIP tickets - \$75.

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Chef on Wheels recently opened a pop-up patio across from the Ottawa Convention Centre. SAMANTHA EVERTS/FOR METRO

## Pop goes the patio

**Trend.** Chef on Wheels offers mix of street food classics and the exotic

**SAMANTHA EVERTS**  
For Metro

Local street food no longer needs to be restricted to chip wagons or even a permanent location.

In June, something occurred across the street from the Ottawa Convention Centre and historic Rideau Canal: A patio “popped up.” Pop-up patios are one of the new trends happening across North America and this one, run by Chef on Wheels, is offering Asian food options

that couldn't be found anywhere else, but the multicultural capital.

While spring rolls and vermicelli are sold at their normal location at Lisgar and Elgin, the menu here is split between street food classics (sausages, chips, and burgers) and the exotic (Thai shrimp curry and Korean beef short ribs).

Log and silver benches double in the shade to let you check out the yachts. They even sell Vietnamese style coffee (made with sweet condensed milk).

We started with the Thai Green Curry Poutine, which looked promising, topped with baby corn, large chopped carrots, coriander and crispy seasoning in a white-brown gravy, but was

better remaining a concept. The large fries were buried at the bottom of a soupy mess that reminded us of a frozen pot-pie dinner and the heat of the spices was overpowering.

Next we ordered a Pop-Up-Patio Burger that was obviously homemade and filled with seasoning like parsley, akin to a Kafta burger. Unfortunately, it wasn't cooked through and pink. It was served on a white bun with tangy garlic yogurt coleslaw and piping hot chips.

If you are planning a visit, take note — it only pops up (open) Thursday to Sunday. All food was less than \$10.

A liquor licence was just approved, which means patio goers can relax with a glass of wine or beer.

## Some customer favourites



**JULIE STOCK**  
For Metro

Customer favourites are showcased in the Aug. 5 LCBO Vintages release. These are some of mine.

**Flat Rock Nadja's Vineyard Riesling 2011**  
(LCBO #578625, \$19.95)

The winemaker's mother would be proud — a simply delicious Niagara white.

**Carpene Malvolti Cuvee**

**Brut Conegliano Valdobbiadene Prosecco Superiore**  
(LCBO #727438, \$14.95)

White, sparkling bubbles, crisp and fruity.

**Chateau D'Angles La Clape Classique Syrah/Grenache/Mourvedre 2007**  
(LCBO #286484, \$14.95)

A classic French red wine, full-bodied, great flavours.

**Momo Sauvignon Blanc 2011**  
(LCBO #9167, \$17.95)

A fresh, clean white wine loaded with tropical fruit.



**IF I HAD \$100 ... TO SPEND AT VINTAGES**

**L.A. Cetto Cabernet Sauvignon**  
(LCBO #114066, \$11.95)

Dark, juicy fruits all rolled into one red, velvety finish — lamb chops please?

**Grant Burge Barossa Shiraz**  
(LCBO #738567, \$18.95)

Dark and juicy all rolled into one red, velvet finish.  
**GRAND TOTAL: \$98.70**  
FOR MORE, SEE SAVVYCOMPANY.CA.

# Wine. Drink local or try international



**SEASONAL SIPS**  
Allyson Bycraft  
For Metro

**Civic Holiday, Aug. 6:** Drink local for the Civic Holiday with the always delightful Flat Rock Cellars Nadja's Vineyard Riesling (\$19.95, LCBO #578625) from the Niagara Region.

This is consistently one of Canada's best Rieslings, achieving a level of minerality and racy acidity usually found in Germany's top vineyards. In fact, why not set up a blind tasting with friends and include some of the special feature German Rieslings in this Saturday's release? Available at Vintages Saturday.

**International Buskerfest, Aug. 2-6:**

After a long day of being entertained by roving performers on Sparks Street, you deserve



something special. The flavoursome and fruity/spicy Valdivieso Single Vineyard Old Vines Malbec (\$19.95, LCBO #273987) hailing from Chile fits the bill.

While most wines are made from a blend of grapes grown on different sites, winemakers choose to make a single vineyard wine because of the unique and distinct characteristics that particular piece of land imparts.

Add the intense flavour of “old vines” into the equation, and you have something doubly special. Available at Vintages Saturday.  
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# A rocky road paved with cappuccino leads to a drool-worthy cheesecake

A great combination for a cheesecake is coffee, chocolate chips, marshmallows and toasted almonds. This cheesecake is not only delicious but beautiful to present to your family and guests, especially if you drizzle it with more chocolate.

1. Preheat the oven to 350 F. Lightly coat a 9-inch spring-form pan with cooking spray.

2. In a small bowl, combine the crumbs, water and oil. Pat onto the bottom and partially up the sides of the pan.

3. Dissolve the coffee in the hot water. In the bowl of a food processor, add the ricotta and cream cheese, egg, sour cream, sugar, flour and dissolved coffee. Purée until smooth. Pour into the pan and bake for 35 minutes. Remove from the oven.

4. Sprinkle the marshmallows, chocolate chips and almonds over the cake and bake for another 5 minutes. Allow to cool, and chill before serving.

ROSE REISMAN'S FAMILY FAVORITES  
(WHITECAP BOOKS)

## Ingredients

### Crust

- 1 2/3 cups chocolate wafer crumbs
- 2 tbsp water
- 1 tbsp vegetable oil

### Filling

- 1 1/2 tbsp instant coffee or espresso powder
- 1 1/2 tbsp hot water
- 2 cups light ricotta
- 1/2 cup light cream cheese, cubed

- 1 large egg
- 3/4 cup low-fat sour cream
- 1 cup granulated sugar
- 3 tbsp all-purpose flour
- Topping**
- 1/3 cup miniature marshmallows
- 3 tbsp semisweet chocolate chips
- 3 tbsp slivered toasted almonds

## Cappuccino Rocky Road Cheesecake



This recipe serves 12. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

## Book of the week

### A cake for every reason & season



Make, Bake & Celebrate! by Annie Rigg will inspire you to create something special, no matter how new you are to cake decorating.

Most of the cake recipes in the book are adapted from one of The Basics in the first chapter where you'll also find frostings and decorating techniques.

Chapters such as For Birthdays offer cakes for the grown sweet tooth (Gilded Double Chocolate Cake with Chocolate Roses) while For Kids has options specifically for the little ones (Chocolate Polka Dot Tower). Other recipes include Lilac and Lavender Petits Fours, Macaron Wedding Cake, and more. METRO

## Ingredients

- 60 ml (4 tbsp) 15 per cent cream
- 100 g (3 1/2 oz) white chocolate
- 30 ml (2 tbsp) honey mustard
- 60 g (2 oz) butter
- 200 g (7 oz) dark chocolate
- 3 eggs
- 125 ml (1/2 cup) flour
- 150 ml (2/3 cup) sugar

THE CANADIAN PRESS/MAILLE

## Chocolate Fondant. An unexpected velvety finish to a special dinner

The sweet and spicy blend of honey mustard and chocolate makes for a simple yet sophisticated treat.

1. In saucepan, bring cream to a boil. In a heatproof mixing bowl, pour cream over white chocolate. Mix well. Add honey

mustard. Mix thoroughly. Pour mixture into an ice cube tray and freeze for 40 minutes.

2. Preheat oven to 250 C (475 F). Meanwhile, in the top of a double boiler, melt butter and dark chocolate. Add eggs, flour and sugar to melted mixture

and mix well.

3. Pour half of the dark chocolate mixture into small cupcake moulds. Place a frozen ball of ivory chocolate in the middle of each mould. Cover with remaining dark chocolate mixture. Bake for 8 to 10 minutes.



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MLB

## New York Yankees end four-game skid

Robinson Cano hit a grand slam in a seven-run third inning, and New York sent Zach Britton to another shellacking at Yankee Stadium in a 12-3 rout of the Baltimore Orioles on Wednesday that stopped a four-game losing streak.

THE ASSOCIATED PRESS

NFL

## N.Y. Giants' coach Coughlin defends banned safety

New York Giants coach Tom Coughlin feels the NFL didn't use common sense in suspending safety Tyler Sash for a violation of the league's performance enhancing drug policy.

The league announced the suspension Tuesday, saying Sash would be ineligible for the first four games of the season.

Sash said he took a prescription drug (Adderall) while under a doctor's care for an anxiety condition in March, having no idea it was banned by NFL policy. The league denied his appeal.

THE ASSOCIATED PRESS



Tyler Sash GETTY IMAGES FILE



Adam Scott reacts to a missed par putt on the 18th green during the final round of the Open Championship on July 22 at Royal Lytham & St. Annes Golf Club in England. After his tough loss at the British Open, Scott is still convinced there will be a major championship trophy with his name on it. HARRY HOW/GETTY IMAGES

# Scott ready for his next shot at a major

**Golf.** Australian blew four-shot lead at British Open last month, but believes he will get a major trophy

There's no silver claret jug for Adam Scott, only a silver lining.

For two days after the British Open, where Scott lost a four-shot lead with four holes to play, he holed up at his home in the Swiss Alps and tried to digest what went wrong. The numbness he felt that Sunday evening, when Ernie Els was introduced as the champion golfer of the year, stayed with him. He didn't beat himself up.

He didn't curl up in a corner. It was a time of quiet reflection.

It's when he went to the golf course at Crans-Sur-Sierre to hit balls that his outlook brightened considerably.

"I hit the first few balls, and I hit them nice," Scott said Wednesday. "And that was kind of a reminder that it's not horrible and I don't know how to play golf anymore. It was just four holes that I'll have to learn from and be tougher on myself next time I'm in that position."

That's what Scott took away from Royal Lytham & St. Annes. He is convinced there will be a next time. He's convinced there will be a major championship trophy in his name.

Scott still hasn't seen re-plays of that final hour. The soft

bogey on the 15th. The three-putt bogey on the 16th. Belting a pure tee shot on the 17th, only to hit six-iron to the left of the green to set up another bogey. And a 3-wood into the bunker on the 18th, which led to one final bogey to finish one shot behind.

"Look, I can imagine how it probably looked," Scott said. "If it was me watching somebody else, I certainly could feel for them. But for me ... I'm disappointed that I didn't win from that position, but I left that major the same as I've left every other one - and that's empty-handed."

Different from the others was remembering the first 68 holes that put him in that position.

Scott had never seriously contended in a major until last year at the Masters, where he made clutch putts over the closing holes and played well enough to win until Charl Schwartzel made history at Augusta National by closing with four straight birdies to win by two.

And now the Open. His next chance is a week away.

Scott headed to Kiawah Island earlier this week to see The Ocean Course, where the PGA Championship is being held for the first time.

First up is the Bridgestone Invitational, where a year ago Scott claimed his first World Golf Championship.

THE ASSOCIATED PRESS

## NHL. Flyers reward Laviolette with 2-year deal

Peter Laviolette led the Flyers to within two wins of a Stanley Cup championship. Philadelphia is willing to give their coach a few more years to finish the job.

Laviolette and the Flyers agreed Wednesday to a two-year contract extension that will take him through the 2014-15 season.

Philadelphia has the third-most wins in the Eastern Conference (122), behind only Pittsburgh and Washington (127 each) since Laviolette was hired to take over for John Stevens in December 2009.

THE ASSOCIATED PRESS



Peter Laviolette GETTY IMAGES FILE

Baseball

## Minor-league pitcher banned 50 games for drug violation

Free-agent pitcher Starlyn Surlin has been suspended 50 games for violating baseball's minor league drug program.

The commissioner's office announced Wednesday that Surlin tested positive for metabolites of Stanazolol.

The right-hander's suspension will take effect as soon as he signs with another major league organization.

THE ASSOCIATED PRESS

## Boxing. Mayweather Jr. due for release from jail

Floyd Mayweather Jr. is due for release from a Las Vegas jail by the weekend after serving two months in a domestic battery case.

Records show the 35-year-old undefeated champion is due for release Friday from the Clark County Detention Center.

Las Vegas police Officer Jose Hernandez said Wednesday that Mayweather Jr. was granted time off his 90-day sentence for work and good behaviour.

Mayweather Jr. surrendered for jail on May 1 after pleading guilty in December to misdemeanor char-

Plea deal

With the plea deal, Mayweather Jr. avoided a trial on felony charges that could have landed the boxer in prison for a maximum of 34 years.

ges in a September 2010 scuffle with his girlfriend, Josie Harris, while two of their children watched.

Mayweather Jr. promoter Leonard Ellerbe did not respond this week to messages.

THE ASSOCIATED PRESS

Mobile sports



The gymnast whose career record for most Olympic medals was broken by Michael Phelps says she doesn't mind that the American swimmer has surpassed her. Larisa Latynina, who won 18 medals from 1956 to 1964 while competing for the Soviet Union, was in London on Tuesday to watch Phelps, and she says she was happy for him. Scan the code for the story.

# 4 SPORTS

## Cycling. Wiggins sets new standard for British Olympians with gold in time trial

There was no better place for Bradley Wiggins to sit than on a throne.

The 32-year-old Londoner completed his coronation as one of Britain's top sports figures on Wednesday by winning gold in the men's time trial at the London Games, just 10 days after becoming the first British rider to win the Tour de France.

It was Wiggins' fourth Olympic gold — after three previous ones in track cycling — and gave him a British record seven overall. He had shared the mark of six medals with Steve Redgrave — although the rowing great won five golds.

After pedalling his way through a sea of flag-waving and sideburn-wearing fans toward the former royal residence of Hampton Court and a gold that never seemed in doubt, Wiggins was ushered



Bradley Wiggins in London on Wednesday. THE ASSOCIATED PRESS

from the finish line toward a very fitting seat — one of three gilded thrones where the top finishers waited to see if they had won a medal.

Wiggins didn't have to sit there for more than a few

seconds, as the only remaining threat — Fabian Cancellara — was well out of reach of his time.

Wiggins quickly jumped back on his bike and rode down the course again to share his victory with his raucous supporters.

"I wanted to go and see my wife and all the people that had come to stand there on the roadside," Wiggins said. "We all know about the Olympic ticketing.... The great thing about cycling is it's free to come and watch. All the real fans are out there, if you're not lucky enough to come in and get a ticket. It was nice to go back out and roll up and down."

Victoria native and Giro d'Italia winner Ryder Hesjedal was Canada's lone competitor in the event. He finished 28th. THE ASSOCIATED PRESS

## Thursday's 3 to watch



### Women's judo

Amy Cotton of Montreal takes to the judo mat in the 78-kilogram class. The 32-year-old finished ninth at the 2004 Games in Athens. Time: 10 a.m. Channel: CTV



### Men's swimming

American stars Ryan Lochte and Michael Phelps, pictured, look to add to their already impressive medal hauls in the 200-metre individual medley final. Time: 2:30 p.m. Channel: CTV



### Women's beach volleyball

Canadian beach volleyball duo Annie Martin and Marie-Andree Lessard, pictured, look for their first win after a pair of losses. They take on Italians Greta Cicolari and Marta Menegatti. Time: 7 a.m. Channel: TSN

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## Rowing themselves to redemption

**Men's eight.** After last-place showing in heat over weekend, Canadians come back to earn silver in London

Credit the Canadian men's eight with a horrendous start and courageous finish to the Olympic regatta.

After finishing last in their opening heat last Saturday, the Canadians did a lot of soul-searching, absorbed a tongue-lashing from veteran coach Mike Spracklen and then got their act together again.

The roller-coaster ride led to a silver medal Wednesday at Eton Dorney, a tribute to hard work, good character and terrific coaching.

The Canadians won rowing's marquee event at the 2008 Games in Beijing but only had three returning members



Canada's men's eight rowing team members, from right, Jerry Brown, Andrew Byrnes, Conlin McCabe, Will Crothers, Rob Gibson, Brian Price, Malcolm Howard, Gabe Bergen, and Doug Csima celebrate their silver medal at Eton Dorney on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

of that crew — Toronto's Andrew Byrnes, Victoria's Malcolm Howard and coxswain Brian Price of Belleville, Ont. — in the London boat.

The other members of the Canadian eight are Will

Crothers and Rob Gibson of Kingston, Ont., Jerry Brown of Cobourg, Ont., Conlin McCabe of Brockville, Ont., Doug Csima of Oakville, Ont., and Gabe Bergen of 100 Mile House, B.C.

Since Beijing, the German

eight has ruled the waves going unbeaten in almost four years.

Germany was unstoppable again, winning in five minutes 48.75 seconds ahead of Canada in 5:49.98 and Britain at 5:51.18.

### Quoted

"At 750 (metres), I said, 'Guys, put on your hard hats. It's time to go to work.' And they went to work. It was all about just work, work, work. Every stroke."

Canadian coxswain Brian Price

"We knew we'd have to have an amazing race to get on the medal podium," said McCabe. "Like to get the bronze, even."

Once on shore Wednesday, the Canadians celebrated as if they had won. It wasn't quite worst to first, but it was close.

Canada started sluggishly at the regatta, finishing last in its heat behind Germany, Britain and the Netherlands.

Spracklen said he ended a no-holds-barred meeting on Sunday by making an unusual request.

"I can't remember it word-for-word, but what I said was, 'I have one last request and

I've never asked anyone before — win the race for me,'" said Spracklen.

The Canadians changed tactics as a result.

Instead of going after the Germans in the final on Wednesday, the Canadians focused on their start and then looked to work off other crews. They disposed of Australia, then the Dutch, then Britain.

"Right from our start, just I knew this was going to be good," said Brown. "(We) just had to keep pushing. The boat's on a rail — just keep adding to it. We've got so many horses in that boat."

THE CANADIAN PRESS



# Hayden bites back to claim 1st medal

**Swimming.** Elder swimmer from Mission, B.C., wins bronze in his third Olympic Games

The most senior member on Canada's swim team conquered rookie nerves to capture his first Olympic medal.

Brent Hayden won bronze in the 100-metre freestyle Wednesday for Canada's first swim medal of the 2012 Summer Games.

After touching the wall in 47.80 seconds, Hayden turned, rose out of the water almost to his waist to see the scoreboard and then slapped his right hand into the water with joy.

"There are so many times when you can dream of something, but a million out of a million and one times it won't come true," Hayden said. "This was one of the things that I was very fortunate as a human being to have happen to me."

American Nathan Adrian out-touched James Magnussen for gold in 47.52, followed by the Australian in 47.53.

Hayden grappled with emotion and a complaining back in the hours prior to his race. The three-time Olympian required three spinal adjustments from his medical team



Brent Hayden celebrates his bronze-medal win Wednesday in the 100-metre freestyle at the Aquatic Centre in London. FRANK GUNN/THE CANADIAN PRESS

## Quoted

"It was all about finding my inner strength and feeding off my fiancée's vibes from the stands."

Brent Hayden will marry Nadina Zarifeh in Lebanon a week after the closing ceremonies in London

to address his discomfort.

The Mission, B.C., swimmer is a world champion and world silver medallist in the distance, but was about to swim in his first Olympic final in three tries.

"I just couldn't help feeling like 'The best day of my life feels like the worst day of my life right now,'" he explained. "I woke at 6 a.m. and my heart pounding because I was thinking about the race."

"It took me a while to turn that off and fall back asleep. All throughout the day I kept having these moments where I'd kind of start to think about the race and my heart would start thumping and I thought

'I've got to stay calm, I've got to stay calm.'"

At 28, Hayden was more than three years older than Cesar Cielo, the next eldest in the final.

The two veterans went out quickly with Hayden second to the Brazilian at the 50-metre split. But Adrian and Magnussen went eyeball to eyeball in the fourth and fifth lanes and closed hard. Hayden kept contact in the seventh lane.

"I kind of had the urge to kiss the starting block because I just never knew I could love Lane 7 so much," he said. "Tonight was (about) digging down deep into my soul."

THE CANADIAN PRESS

## Record reaction. London Games chairman 'not sure' Phelps the greatest

With 19 medals, Michael Phelps is the most decorated Olympian of all time. But the greatest?

Not for Sebastian Coe.

Coe, the two-time gold medallist in the 1,500 metres and head of the London Games, is not ready to anoint Phelps as the supreme Olympian.

"You can probably say that clearly, self-evidently, in medal tally he's the most successful," Coe said Wednesday. "My personal view is I am not sure he is the greatest, but he is certainly the most successful."

The American swam the anchor leg of the winning U.S. 4x200-metre freestyle relay Tuesday night to surpass

Soviet gymnast Larisa Latynina for most career Olympic medals. Latynina won 18 medals at the 1956, 1960 and 1964 Olympics.

Phelps, who won a record eight gold medals at the 2008 Beijing Games, is competing in three other events in London and can take the record further. THE ASSOCIATED PRESS

## Day 5 results

### MEDAL STANDINGS

73 of 302 total medal events

Nation	G	S	B	Tot
China	17	9	4	30
United States	11	8	9	28
South Korea	6	2	4	12
France	5	3	4	12
North Korea	4	0	1	5
Germany	3	8	2	13
Italy	3	4	2	9
Kazakhstan	3	0	0	3
Japan	2	4	11	17
Russia	2	4	5	11
Also				
Canada	0	1	5	6

### BASKETBALL

#### WOMEN

##### FIRST ROUND

###### Group A

Team	W	L	Pts
China	3	0	6
United States	3	0	6
Turkey	2	1	4
Czech Republic	1	2	2
Croatia	0	3	0
Angola	0	3	0

###### Group B

Country	W	L	Pts
France	3	0	6
Russia	3	0	6
Australia	2	1	4
Canada	1	2	2
Britain	0	2	0
Brazil	0	2	0

##### Wednesday, Aug. 1

France 64, Canada 60  
China 76, Angola 52  
Australia 67, Brazil 61  
Russia 67, Britain 61  
Czech Republic 89, Croatia 70  
United States 89, Turkey 58

### WHAT CANADA DID

#### Wednesday at the 2012 London Olympics

##### ROWING

**Men's eights** — Canada (Gabriel Bergen, 100 Mile House, B.C.; Douglas Cisma, Oakville, Ont.; Rob Gibson, Kingston, Ont.; Conlin McCabe, Brockville, Ont.; Malcolm Howard, Victoria; Andrew Byrnes, Toronto; Jeremiah Brown, Cobourg, Ont.; Will Crothers, Kingston, Ont.; Brian Price, Belleville, Ont.), won the silver medal in 5:49.98.

**Men's lightweight double sculls** — Douglas Vander, Dewittville, Que., and Morgan Jarvis, Clearwater Bay, Ont., finished first in their semifinal heat in 7:02.85 and qualified.

**Men's pairs** — David Calder, Victoria, and Scott Frandsen, Kelowna, B.C., finished first in their semifinal heat in 6:56.47 and qualified.

### SWIMMING

**Men's 100 freestyle** — Brent Hayden, Mission, B.C., won the bronze medal in 47.80.

**Men's 200 backstroke** — Tobias Oriwol, Toronto, finished fourth in his qualifying heat in 1:58.06. He finished seventh in his semifinal heat in 1:58.74 and did not advance to the final.

**Men's 200 individual medley** — Andrew Ford, Guelph, Ont., finished first in his qualifying heat in 2:00.28. He finished seventh in his semifinal heat in 2:01.58 and did not advance to the final.

**Women's 100 freestyle** — Julia Wilkinson, Stratford, Ont., finished third in her qualifying heat in 54.16. She finished seventh in her semifinal heat in 54.25 and did not advance to the final.

**Women's 200 breaststroke** — Tera Van Bellen, Oakville, Ont., finished seventh in her qualifying heat in 2:27.70 and did not advance. Martha McCabe, Toronto, finished third in her qualifying heat in 2:26.39. She finished fourth in her semifinal heat in 2:24.09. McCabe, finished seventh in her final heat in 2:24.09 and advanced to the final.

**Women's 4x200 freestyle relay** — Canada (Barbara Jardin, Notre-Dame-de-Grace, Que.; Samantha Cheverton, Lachine, Que.; Amanda Reason, Toronto; Brittany MacLean, Toronto), finished second in its final heat in 7:50.84. Canada finished fourth in the final in 7:50.65.

### BASKETBALL

**Women** — Canada lost to France 64-60.

### JUDO

**Men's 90Kg** — Alexandre Emond, Montreal, lost to Winston Gordon, of Britain, in Ippon, Oguruma, in 1:43 in the round of 32.

**Women's 70Kg** — Kelita Zupancic, Whitby, Ont., lost to Lucie Decosse, of France, in Ippon, Ko-soto-gari, in 4:31 in the round of 16.

### SAILING

**Men's windsurfer** — Zac Plavsic, Vancouver, is in seventh place after the fourth race (36).

**Men's laser** — David Wright, Toronto, is in 18th place after the sixth race (80).

**Men's 49er** — Hunter Lowden, West Vancouver, B.C. and Gordon Cook, Toronto, are in 14th place after the sixth race (50).

**Women's laser radial** — Danielle Dube, Glen Haven, N.S., is in 29th place after the sixth race (126).

**Women's windsurfer** — Nikola Girke, West Vancouver, B.C., is in ninth place after the fourth place (36).

### ARCHERY

**Women's individual 70m** — Marie-Pier Baudet, Levis, Que., lost to Louise Laursen, of Denmark, 7-3 in the round of 32.

### CYCLING

**Men's time trial** — Ryder Hesjedal, Victoria,

finished 28th in the final in 56:06.18.

**Women's time trial** — Clara Hughes, Glen Sutton, Que., finished fifth in the final in 38:28.96. Denise Ramsden, Yellowknife, finished 19th in the final in 41:44.81.

### WEIGHTLIFTING

**Women's 69Kg** — Marie-Eve Beauchemin-Nadeau, Quebec City, finished eighth in the final with a weight of 239 kilograms.

### FENCING

**Women individual sabre** — Sandra Sassine, Montreal, lost to Aleksandra Socha, of Poland, 15-7 in the round of 32.

### DIVING

**Men's synchronized 3m springboard** — Alexandre Despatie, Laval, Que. and Reuben Ross, Regina, finished sixth in the final with a score of 421.83.

### SOCCER

#### MEN

##### FIRST ROUND

###### Group A

	GP	W	D	L	GF	GA	Pts
Britain	3	2	1	0	5	2	7
Senegal	3	1	2	0	4	2	5
Uruguay	3	1	0	2	4	3	3
U.A.E.	3	0	1	2	3	6	1

##### Wednesday, Aug. 1

Britain 1, Uruguay 0

United Arab Emirates 1, Senegal 1

###### Group B

	GP	W	D	L	GF	GA	Pts
Mexico	3	2	1	0	3	0	7
South Korea	3	1	2	0	2	1	5
Gabon	3	0	2	1	1	3	2
Switzerland	3	0	1	2	2	4	1

##### Wednesday, Aug. 1

Mexico 1, Switzerland 0

Gabon 0, South Korea 0

###### Group C

	GP	W	D	L	GF	GA	Pts
Brazil	3	3	0	0	9	3	9
Egypt	3	1	1	1	6	5	4
Belarus	3	1	0	2	3	6	3
New Zealand	3	0	1	2	1	5	1

##### Wednesday, Aug. 1

Brazil 3, New Zealand 0

Egypt 3, Belarus 1

###### Group D

	GP	W	D	L	GF	GA	Pts
Japan	3	2	1	0	2	0	7
Honduras	3	1	2	0	3	2	5
Morocco	3	0	2	1	3	2	2
Spain	3	0	1	2	0	2	1

##### Wednesday, Aug. 1

Morocco 0, Spain 0

Honduras 0, Japan 0

## A first for Canada

- Hayden is the first Canadian man to win an Olympic medal in the 100-metre freestyle.
- The man who last swam in a final, International Olympic Committee member Dick Pound, hung the bronze around Hayden's neck. Pound was sixth in the 1960 Olympics.

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	61	43	.587	—
Baltimore	55	50	.524	6½
Tampa Bay	55	50	.524	6½
Boston	53	51	.510	8
<b>Toronto</b>	<b>51</b>	<b>52</b>	<b>.495</b>	<b>9½</b>

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	57	47	.548	—
Detroit	54	50	.519	3
Cleveland	50	53	.485	6½
Minnesota	44	60	.423	13
Kansas City	42	60	.412	14

WEST DIVISION

	W	L	Pct	GB
Texas	59	43	.578	—
Los Angeles	57	47	.548	3
Oakland	56	48	.538	4
Seattle	49	57	.462	12

Wednesday's results

N.Y. Yankees 12 Baltimore 3  
Chicago White Sox 3 Minnesota 2  
Tampa Bay 4 Oakland 1  
Detroit at Boston  
L.A. Angels at Texas  
Cleveland at Kansas City  
**Toronto** at Seattle

Tuesday's results

Seattle 7 **Toronto** 2  
Baltimore 11 N.Y. Yankees 5  
Tampa Bay 8 Oakland 0  
L.A. Angels 6 Texas 2  
Chicago White Sox 4 Minnesota 3  
Boston 4 Detroit 1 (6 inn.)  
Kansas City 8 Cleveland 3

Thursday's games

**All times Eastern**  
Minnesota (Deduno 2-0) at Boston (Lester 5-8), 7:10 p.m.  
L.A. Angels (C.Wilson 9-7) at Texas (Dempster 0-0), 8:05 p.m.  
Cleveland (Kluber 0-0) at Kansas City (B.Chen 7-9), 8:10 p.m.

**Toronto (H.Alvarez 7-7)** at Oakland (B.Colon 7-8), 10:05 p.m.

Friday's games

Cleveland at Detroit, 7:05 p.m.  
Seattle at N.Y. Yankees, 7:05 p.m.  
Baltimore at Tampa Bay, 7:10 p.m.  
Minnesota at Boston, 7:10 p.m.  
L.A. Angels at Chicago White Sox, 8:10 p.m.  
Texas at Kansas City, 8:10 p.m.  
**Toronto** at Oakland, 10:05 p.m.

AL LEADERS

	G	AB	R	H	Av.
Trout, LAA	81	329	80	116	.353
Konerko, ChiW	95	352	47	115	.327
Mauer, Minn	95	353	59	114	.323
McCabrerá, Det	104	410	67	132	.322
Alcázar, Det	82	320	63	102	.319
Ortiz, Bos	89	320	65	101	.316
Rios, ChiW	101	387	63	121	.313
Jeter, NYY	101	430	59	134	.312
Beltre, Tex	98	383	57	119	.311
Cano, NYY	103	404	66	125	.309

Runs — Trout, LA, 80; Granderson, NY, 71; Kinsler, Tex, 70; AdJones, Bal, 69; McCabrerá, Det, 67; Cano, NY, 66; Choo, Cle, 66; De Aza, Chi, 66; **Encarnación, Toronto, 66.**

RBI — McCabrerá, Det, 85; Hamilton, Texas, 84; Willingham, Min, 79; Adunn, Chi, 73; **Encarnación, Tor, 72;** Fielder, Det, 72; Teixeira, NY, 71.

Home Runs — Adunn, Chi, 31; Hamilton, Tex, 29; **Encarnación, Toronto, 28;** Granderson, NY, 28; **Bautista, Toronto, 27;** Willingsham, Min, 27.

Wednesday's games not included

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	61	41	.598	—
Atlanta	59	44	.573	2½
New York	50	54	.481	12
Miami	47	56	.456	14½
Philadelphia	46	57	.447	15½

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	62	41	.602	—
Pittsburgh	60	44	.577	2½
St. Louis	55	48	.534	7
Milwaukee	48	56	.462	14½
Chicago	43	60	.417	19
Houston	35	71	.330	28½

WEST DIVISION

	W	L	Pct	GB
San Francisco	56	47	.544	—
Los Angeles	56	50	.528	1½
Arizona	54	51	.514	3
San Diego	44	61	.419	13
Colorado	37	64	.366	18

Wednesday's results

Arizona 4 L.A. Dodgers 0  
Milwaukee 13 Houston 4  
Pittsburgh 8 Chicago Cubs 4  
Philadelphia at Washington  
Miami at Atlanta  
San Diego at Cincinnati  
St. Louis at Colorado  
N.Y. Mets at San Francisco

Tuesday's results

San Francisco 4 N.Y. Mets 1  
Arizona 8 L.A. Dodgers 2  
Philadelphia 8 Washington 0  
Cincinnati 7 San Diego 6  
St. Louis 11 Colorado 6  
Atlanta 7 Miami 1  
Pittsburgh 5 Chicago Cubs 0  
Milwaukee 10 Houston 1

Thursday's games

**All times Eastern**  
San Diego (Ohlendorf 3-1) at Cincinnati (Cue-to 13-5), 12:35 p.m.  
N.Y. Mets (C.Young 2-5) at San Francisco (Zi-to 8-7), 3:45 p.m.  
Philadelphia (Hamels 11-5) at Washington (Detwiler 5-4), 7:05 p.m.  
Miami (Eovaldi 2-6) at Atlanta (Minor 6-7), 7:10 p.m.  
St. Louis (Lynn 13-4) at Colorado (White 2-6), 8:40 p.m.

Friday's games

Miami at Washington, 4:05 p.m., 1st game  
Arizona at Philadelphia, 7:05 p.m.  
Pittsburgh at Cincinnati, 7:10 p.m.  
Houston at Atlanta, 7:35 p.m.  
Miami at Washington, 7:35 p.m., 2nd game  
Milwaukee at St. Louis, 8:15 p.m.  
San Francisco at Colorado, 8:40 p.m.  
N.Y. Mets at San Diego, 10:05 p.m.  
Chicago Cubs at L.A. Dodgers, 10:10 p.m.

NL LEADERS

	G	AB	R	H	Av.
McCutchen, Pgh	99	372	69	138	.371
McCabrerá, SF	99	404	68	142	.351
Votto, Cin	86	298	52	102	.342
Ruiz, Pha	94	309	47	105	.340
DWright, NYM	100	371	65	122	.329
Gonzalez, Col	93	376	70	123	.327
Holliday, STL	100	381	67	122	.320
Freese, STL	93	340	50	108	.318
Posey, SF	93	334	41	106	.317
Braun, Mil	96	368	69	114	.310

Runs — Braun, Atl, 70; Gonzalez, Col, 70; Braun, Mil, 69; McCutchen, Pit, 69; McCabrerá, SF, 68.

RBI — Beltran, STL, 75; Kubel, Arz, 72; Gonzalez, Col, 71; DWright, NY, 71; Holliday, STL, 70.

Wednesday's games not included

LATE TUESDAY

MARINERS 7, BLUE JAYS 2

	AB	R	H	BI	BB	SO	Av.
Toronto	4	0	2	2	0	1	.287
Lawrie 3b	4	0	0	0	0	1	.241
Rasmus cf	4	0	0	0	0	1	.293
Encarnacion dh	3	0	0	0	0	1	.271
Cooper 1b	4	0	0	0	0	2	.293
Y.Escobar ss	4	0	1	0	0	1	.256
K.Johnson 2b	4	0	0	0	0	1	.256
R.Davis lf	4	0	1	0	0	1	.258
Mathis c	3	1	1	0	0	0	.248
Sierra rf	3	1	1	0	0	0	.333
<b>Totals</b>	<b>33</b>	<b>2</b>	<b>6</b>	<b>2</b>	<b>1</b>	<b>8</b>	
<b>Seattle</b>	<b>AB</b>	<b>R</b>	<b>H</b>	<b>BI</b>	<b>BB</b>	<b>SO</b>	<b>Av.</b>
Adley 2b	5	1	1	3	0	0	.224
C.Wells rf	4	0	0	0	1	0	.247
M.Saunders cf	4	0	0	0	0	1	.257
J.Montano dh	4	0	1	0	0	0	.263
Seager 3b	3	1	2	0	0	0	.251
Carp 1b	3	1	1	0	0	1	.209
Olivo c	4	1	2	2	0	1	.208
T.Robinson lf	4	2	2	2	1	0	.400
Ryan ss	4	0	3	1	0	1	.205
<b>Totals</b>	<b>34</b>	<b>7</b>	<b>12</b>	<b>7</b>	<b>3</b>	<b>5</b>	

Toronto 002 000 000 —2 6 1

Seattle 130 120 00x —7 12 1

E—K.Johnson (10), Olivo (4), LOB—Toronto 5, Seattle 7. 2B—Lawrie (20), Olivo (8), T.Robinson (2). HR—Ackley (7), off Laffey. RBIs—Lawrie 2 (40), Ackley 3 (31), Olivo 2 (31), T.Robinson (2), Ryan (27). SB—Ackley (12). CS—Ackley (3), Seager (5).

Toronto IP H R ER BB SO NP ERA

Laffey L, 2-2 4½ 9 7 7 0 0 7.5 4.20  
Lyon 1½ 1 0 0 0 3 26 0.00  
Delabar 1 1 0 0 0 1 17 4.06  
A.Carpenter 1 1 0 0 0 1 23 5.00  
**Seattle IP H R ER BB SO NP ERA**  
Vargas W, 12-7 7 5 2 2 1 4103 3.71  
Kelley 1 1 0 0 0 1 21 3.64  
Kinney 1 0 0 0 0 3 12 2.08

Inherited runners—scored—Lyon 3-2. HBP—by Laffey (Carp). WP—Kelley.  
T—2:54. A—21,434 (47,860).

BLUE JAYS STATISTICS

	AB	R	H	HR	RBI	AVG
Sierra	3	1	1	0	0	.333
Encarnacion	362	66	106	28	72	.293
Lawrie	387	59	111	9	40	.287
Cooper	70	8	19	2	6	.271
Davis	229	39	59	6	26	.258
Escobar	379	49	97	7	35	.256
Mathis	101	17	25	5	13	.248
Bautista	328	63	80	27	65	.244
Arenchibia	281	36	68	16	50	.242
Rasmus	386	54	93	18	64	.241
Johnson	351	46	83	11	39	.236
Lind	198	17	45	8	27	.227
Vizquel	92	10	20	0	3	.217
Gomes	53	7	11	3	10	.208
Gose	28	2	5	0	1	.179

PITCHERS

	W	L	SV	IP	SO	ERA
Mathis	0	0	0	2.0	0	9.00
Lyon	1	0	0	4.1	9	0.00
Oliver	2	2	1	38.2	39	1.40
Janssen	1	1	1	13.9	9.4	2.27
Loup	0	1	0	9.2	7.9	2.79
Villanueva	6	0	0	61.2	65	2.92
Morrow	7	4	0	77.2	67	3.01
Perez	2	2	0	42.0	39	3.43
Fraser	1	0	1	36.0	45	3.00
Delabar	2	1	0	37.2	47	4.06
Laffey	2	2	0	49.1	26	4.20
Alvarez	7	7	0	126.0	48	4.43
Hutchison	5	3	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Carpenter	0	0	0	9.0	9.00	5.00
Happ	0	0	0	5.0	5.00	5.40
Cecil	2	4	0	45.1	41	5.56
Romero	8	8	0	129.2	92	5.60
Santos	0	1	2	5.0	4.00	9.00
Coello	0	1	0	6.1	11.27	9.00

Wednesday's game not included

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Hamilton	5	3	2	0	162	167	6
Toronto	5	3	2	0	129	133	6
Montreal	5	2	3	0	128	162	4
Winnipeg	5	1	4	0	101	163	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Saskatchewan	5	3	2	0	155	113	6
B.C.	5	3	2	0	140	110	6
Edmonton	5	3	2	0	101	79	6
Calgary	5	2	3	0	155	154	4

WEEK SIX

Byes: Calgary, Edmonton, Hamilton, Sask.

Friday's game

All times Eastern

Montreal at Winnipeg, 8:30 p.m.

Monday's game

B.C. at Toronto, 5 p.m.

WEEK SEVEN

Byes: B.C., Montreal, Toronto, Winnipeg

Thursday, Aug. 9

Calgary at Hamilton, 7 p.m.

Friday, Aug. 10

Saskatchewan at Edmonton, 9:30 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
Milo, Sask	0	16	11	6	55
McCallum, BC	0	14	13	1	54
Paredes, Cal	0	14	11	0	47
Whyte, Mtl	0	12	10	1	43
Palardy, Wpg	0	6	12	0	42
Shaw, Edm	0	8	10	1	39
x-Levis, Cal	6	2	0	0	38
Conigi, Ham	0	19	6	1	38
Prefontaine, Tor	5	0	10	2	37
Sheets, Sask	6	0	0	0	36
C.Williams, Ham	6	0	0	0	36
Walker, Ham	6	0	0	0	36
Boyd, Tor	4	0	0	0	24
Dressler, Sask	4	0	0	0	24
Harris, BC	4	0	0	0	24
Walters, Wpg	4	0	0	0	24
Whitaker, Mtl	4	0	0	0	24
Charles, Edm	3	0	0	0	18
Cornish, Cal	3	0	0	0	18
Lavoie, Mtl	3	0	0	0	18
Owens, Tor	3	0	0	0	18
Waters, Tor	0	3	4	1	16
x-Fantuz, Ham	2	2	0	0	14
Bratton, Mtl	2	0	0	0	12
Brink, Wpg	2	0	0	0	12
Getzlaf, Sask	2	0	0	0	12
Gore, BC	2	0	0	0	12
Grant, Ham	2	0	0	0	12
Koch, Edm	2	0	0	0	12
Iannuzzi, BC	2	0	0	0	12
Imman, Tor	2	0	0	0	12
O.Jones, Ham	2	0	0	0	12
London, Mtl	2	0	0	0	12
Lulay, BC	2	0	0	0	12
Mitchell, Cal	2	0	0	0	12
Stephenson, Ham	2	0	0	0	12
Taylor, Cal	2	0	0	0	12
Alif, Tor	0	1	2	1	8
Barnes, Tor	1	0	0	0	6
Bekasiak, Mtl	1	0	0	0	6
T.Brown, BC	1	0	0	0	6
Bruce, BC	1	0	0	0	6
Burnett, Edm	1	0	0	0	6
Chambers, Edm	1	0	0	0	6
Cote, Cal	1	0	0	0	6
T.Edwards, Wpg	1	0	0	0	6
Green, Mtl	1	0	0	0	6
Foster, BC	1	0	0	0	6
Fraser, Cal	1	0	0	0	6
Hill, Edm	1	0	0	0	6
Hughes, Sask	1	0	0	0	6
J.Jackson, Tor	1	0	0	0	6
T.Jackson, Sask	1	0	0	0	6
K.Johnson, BC	1	0	0	0	6
Kent, Edm	1	0	0	0	6



# Hughes finishes fifth in her final ride



Clara Hughes, of Canada, competes in the women's Olympic cycling time trial in London on Wednesday. FRANK GUNN/THE CANADIAN PRESS

**Cycling.** 39-year-old concludes Olympic career with two medals on the bike and four in speedskating

With the finish at Hampton Court Palace fast approaching, Canadian cyclist Clara Hughes furiously worked her pedals as she made one last push for the line.

She did it all with a smile on her face as she soaked up the joy of competing on the Olympic stage one last time.

Hughes capped an incred-

ible Olympic career with a fifth-place finish in the women's time trial at the London Games on Wednesday. She was almost a minute behind American Kristin Armstrong, who successfully defended her Olympic title.

Judith Arndt of Germany won silver and Olga Zabelinskaya of Russia was third. Hughes was about 30 seconds away from reaching the podium at the Games for a seventh time.

"I knew today, I knew in the last week, in the last month that this is the last time I would have the chance to race in the Olympics," Hughes said. "I'm

## Quoted

**"I think I could win with a smile and I could lose with a smile, as well, because I never fail in emptying myself in what I do."**

Clara Hughes on how she wants to be remembered as an Olympian

really proud of what I did."

Hughes and former long-track speedskating teammate Cindy Klassen share the honour of being the country's most decorated Olympians.

Hughes won two cycling medals at the 1996 Games in Atlanta and went on to capture four more in speedskating over the last three Winter Olympics.

She won bronze two years ago in Vancouver and returned to cycling later that year. Now 39, she's one of only five athletes ever to win medals in both the Summer and Winter Games.

Hughes, a native of Winnipeg, was 32nd in the women's road race last week and nearly pulled off a podium finish Wednesday in warm, breezy conditions before a raucous crowd south of London.

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Horoscopes

**♈ Aries**

**March 21 - April 20**

You have the energy and the ambition to make something special of your life, but not everyone believes you are up to the task. Go out of your way to prove them wrong today. They won't doubt you much longer.

**♉ Taurus**

**April 21 - May 21**

You may be tempted to get involved in a friend's personal problems but that would be a big mistake. No matter how much you think they need help, the best thing you can do is steer clear — for now.

**♊ Gemini**

**May 22 - June 21**

The Sun in Leo is good for Gemini but today's full moon could bring some kind of setback. If travel or social plans have to be changed, there is no point getting mad about it. Just go with the flow.

**♋ Cancer**

**June 22 - July 23**

Today's full moon takes place in the wealth sector of your chart, so you would be wise not to take chances with money, either your own or other people's. A little caution is by far the best investment.

**♌ Leo**

**July 24 - Aug. 23**

The Sun in your sign makes all things possible but it doesn't get rid of those annoying people who always seem to be telling you not to take risks. No one tells a Leo to do anything and gets away with it!

**♍ Virgo**

**Aug. 24 - Sept. 23**

You may decide, with good reason, that you don't want to take on extra duties on the work front, and you are within your rights to say so. You're not interested in doing more — you want to do better.

**♎ Libra**

**Sept. 24 - Oct. 23**

There is a luck factor working in your favour at the moment but don't take it for granted. Today's full moon will in some way remind you that fate has a tendency to change just when we least expect it.

**♏ Scorpio**

**Oct. 24 - Nov. 22**

You may be ambitious at the moment but today's full moon could bring an element of self-doubt into your life. Scorpio, self doubt? Is that possible? Yes it is, but only in the short-term.

**♐ Sagittarius**

**Nov. 23 - Dec. 21**

You may be tempted to slow down and enjoy the fruits of your success but while the momentum is on your side you really ought to make the most of it. Do something outstanding today.

**♑ Capricorn**

**Dec. 22 - Jan. 20**

The planets warn that nothing is what it seems at the moment, so make an effort to read between the lines, especially when there is money at stake. Accept nothing on trust — always demand facts and figures.

**♒ Aquarius**

**Jan. 21 - Feb. 19**

It does not matter how worked up you get about various injustices, you won't be able to change anything. All you can do is take care of your own life. Others will follow your example.

**♓ Pisces**

**Feb. 20 - March 20**

The best way to forget your worries is to throw yourself into your work. By focusing your conscious mind on the task at hand, you free your subconscious mind to find the answers for you. It won't take long. **SALLY BROMPTON**

Crossword: This and That

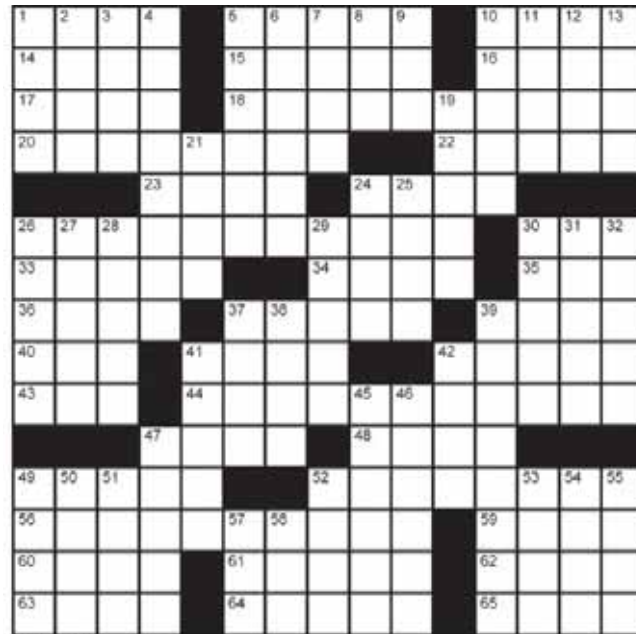
Across

1. Actress Watson of Harry Potter movies
5. Ontario and Great Slave
10. Alberta-based power distribution company that controls its operations through Canadian Utilities
14. Car top
15. Internet-based periodical, familiarly
16. "Ouch!"
17. "What business is \_\_\_\_ yours?"
18. Montréal's \_\_\_\_ Seaway
20. Canada's 20th PM, 1993-2003
22. Arm bones
23. Gator's cousin
24. Three tps.
26. Hamilton-born SCTV and SNL graduate who starred in *Three Amigos*, *Innerspace*, *Pure Luck*, *Mars Attacks!*, *Father of the Bride*, and *Father of the Bride Part 2*
30. "Do \_\_\_\_ say!"
33. "I don't want to hear \_\_\_\_ out of you!"
34. Modest response to praise
35. Wheat part
36. Caked deposit
37. Toronto-born *60 Minutes* regular Morley
39. Huff
40. Not hers
41. "\_\_\_\_ Want for Christmas..."
42. Big spoon
43. Bullfight "Bravo!"
44. Kitchener-born Miss

- Money-penny player in many Bond movies
47. Stereo brand
48. French assents
49. Big name in dental care
52. Ontario neighbor
56. Canada's government
59. Iraqi or Lebanese
60. Songstress James of jazz
61. "Ready or not, \_\_\_\_ come!"
62. *The Thomas Crown Affair* costar Russo
63. ATM offering
64. Cubic metre
65. Does lawn repair

Down

1. Guitarist Clapton
2. Butterfly relative
3. Tie up, in a way
4. Impacted
5. Skin wound
6. Early Mexicans
7. Brick-baking oven
8. Old Spanish queen or Bambi's aunt (NAE anagram)
9. Repair tears
10. "The dog gave \_\_\_\_ when the boy kicked it"
11. Ala. neighbor
12. \_\_\_\_-Cola
13. Is in debt
19. Out of practice
21. Stumble
24. Kind of bag
25. "It's c-c-c-cold!"
26. Chest-thumping
27. Taxing month



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28. Employ again
29. Stereos
30. *Biography* cable channel
31. Unappetizing fare
32. "\_\_\_\_ Inside": computer slogan
37. Decelerate
38. Et \_\_\_\_: and others (Lat.)
39. Reacted to a knockout

41. Excuse
42. Half CXXIV
45. Bellyacher
46. Em or Mame
47. Moslem deity
49. Org. that includes Venezuela and Ecuador
50. \_\_\_\_-tat-tat: machinegun sound
51. Painting and sculpture, e.g.

52. Just
53. Some kids eat the middle of this first
54. Rock group
55. President Lincoln and namesakes
57. Contented comments
58. Encountered

Yesterday's crossword



What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

6	2	5	3	4	9	1	8	7
4	8	9	7	6	1	3	2	5
7	3	1	2	5	8	9	6	4
3	5	4	8	9	6	2	7	1
2	7	8	1	3	4	5	9	6
9	1	6	5	7	2	8	4	3
1	4	7	9	2	5	6	3	8
8	9	3	6	1	7	4	5	2
5	6	2	4	8	3	7	1	9

7				5				9
	8				6		2	7
	9		7	3				
	7					8		
8		4				5		3
	1						2	
				4	8		3	
	6	5	1				9	
2				6				1

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**32°/18°**  
Partly cloudy

**Friday**

**27°/15°**  
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# The Seersucker Dress



## Meet Lea.

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